

Ruddington Parish Council

VILLAGE NEWSLETTER

Transplant Recipient Wins Medals

Ruddington resident Mark Brown was part of an 11 strong team from Nottingham City Hospital attending the Westfield Health British Transplant Games August 15-18.

Mark (46) suffered from the hereditary condition Alports Syndrome, which led to kidney failure at the age of 25. After 20 months on dialysis which lasted for four hours a day, three days a week, Mark had a successful kidney transplant in 1994.

Mark entered the archery, golf, darts, lawn bowls and javelin events. "I wasn't expecting to win any medals, just to use the games as a platform to promote the need for people to sign up to the donor register. Reaching the final of the darts competition was a great achievement, with my wife Jo there to see me win a silver medal, followed the next day by a bronze in the lawn bowls"



Mark told us "I'd not even picked a bowl up till the week before when my father in law Phil gave me a few pointers! I was also proud of my younger brother James who also received a kidney transplant 10 years ago and attended the Games for the first time."

Mark says "...it was scary when I got the call to say a transplant was available, my condition was stable and, though now a routine operation for the specialists involved, still not without risk. Thankfully it's now 19 years since my transplant, and it's still going strong.

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Transplant Recipient Wins Medals

Continued from front page

I've attended a number of Winter World Transplant Games, winning medals in Ski-ing, Snowboarding and Curling. Nottingham City hospital were keen to get a team together for the British Games this year, and were delighted to bring back 14 medals.

More than 10,000 people in the UK are currently waiting for a transplant, and three people die while waiting every day. But with only 29% of the UK population actually registered as organ donors, the NHS Organ Donor Register team says more work needs to be done to raise awareness of donation and to urge those on the donor register to share their wishes with their loved ones.

To add your name to the NHS Organ Donor register, call 0300 1232323, text SAVE to 62323 or visit www.organdonation.nhs.uk.

Drinks & More...

...that's the name of Ruddington's latest new business which was launched on the 6th of September.

It takes over the former "Capitol Video"/"High Spirits" premises at 24B High Street - reopening as an off license and general convenience store. The shop has undergone a refurbishment during its closure and has a wider range of goods than its predecessor.

Of particular note are its discounted top brand beers and wines, many of which are currently the cheapest in Ruddington. These include 23 different types of bottled ales. There's a good stock of general provisions including

milk, other grocery items and greeting cards - and daily newspapers will be available soon.



It's run by husband and wife team Kevin and Lorraine Leame and is co-owned by Philip Ward - who has a similar business in Clifton and is also Lorraine's brother! Kevin has a background in financial services but is looking forward to his change of career.

"We've had a great reaction from villagers so far" says Kevin "and we hope everyone will come in to see what we've got and our competitive prices. And we're always open to suggestions for new lines which we don't currently stock."

"Drinks & More" is open 7 days a week from 8am to 10pm.

By Graham Wright

Framework Knitters Gets £71k Funding Boost

The Framework Knitters Museum has been awarded £71,000 from the Heritage Lottery Fund to help fund a £100,000 redevelopment project, which includes the creation of Britain's only Luddite Exhibition. The money will also help pay for a new educational resource for local schools that will

explore the Luddism protest movement, which started in Nottinghamshire and spread across Victorian Britain's manufacturing towns and cities.

New exhibition spaces will also be created and money invested into improving the authenticity of the Museum's historic site. And visitors will gain an insight into early industrialisation and its social consequences by participating in a new interactive film where they'll face the same dilemmas as the frameworkers who decided to revolt.

The Museum's Manager, Paul Baker, said: *'This funding will enable us to make a real difference. Not only will we be able to tell more stories about the workers and the trade but also to use the story of the Luddite uprising to encourage school pupils to consider contemporary issues such as gangs and criminal damage from a Victorian perspective.'*

The redevelopment work is already underway and should be complete by next summer. You can find out more at www.frameworknittersmuseum.org.uk.

By Faye Stenson

Carols Hinds Talks

Over 40 people enjoyed a talk by Carol Hinds on 4th September. Best known as a BBC local news presenter, Carol spoke about her career at the BBC, which included a period producing light entertainment programmes at Pebble Mill. An engaging speaker, she provided a real insight into the work of a local news presenter, but interspersed it with a succession of amusing anecdotes about working with colleagues, celebrities and the public. The talk concluded with a question and answer session, after which Carol stayed to chat informally with everyone over coffee.

The event was organised by the Ruddington Local History & Amenity Society to raise funds for the Village Museum. Thank you to everyone who attended and to Carol Hinds, who generously agreed that all the profits from the evening, a sum in excess of £120, should go to support the work of the museum.



Carol gives between four and six talks a year and is always booked up a long time in advance, but if you're looking for a speaker for your group or a fundraising event, she comes highly recommended.

By Gavin Walker

Policing

Our PCSO Vee says
"Could I make local residents aware of ongoing problems with scrap metal thefts of items left in gardens/insecure garages/shed and exhaust systems /catalytic convertors off motor vehicles. Please remain vigilant and if you see any vehicles appear to be acting in a suspicious manner please contact us."

Contact:

DIAL 101 for non emergencies

PCSO Vee White 07702 141 778

PCSO Jonny Wilkinson. 07525 226 593

In an emergency ring 999

Ruddington Connection Route Diversion

The Ruddington Connection bus service is again being diverted through Compton Acres due to tram works on Wilford Lane. Regular passengers will be familiar with the diverted route, which was in place for several months earlier in the year due to the closure of Ruddington Lane.

However, the free shuttle bus service that previously connected passengers on Ruddington Lane with the ROKO stop on Wilford Lane won't be running. Instead, these passengers will be served by NCT routes 2 and 3, which are being diverted down Ruddington Lane on their route to Clifton. Trent Barton has agreed with NCT that any passengers carrying MANGO or Saver tickets can use the 2 and 3 buses free of charge along Ruddington Lane only, to connect with the Ruddington Connection at Compton Acres.

You can read more about the diversion and find the latest timetable information for the Ruddington Connection at www.trentbarton.co.uk.

By Faye Stenson

Badminton Club Closure

The Ruddington Badminton Club has closed this September. The Club was formed in the early 1950's and originally played two nights a week with both Mens and Ladies teams in the Nottingham and District Badminton League.

More recently membership has fallen and the members, mostly elderly, played just on Thursday evenings. Some had joined 50 years ago. The Club nights had become more of a social event and a means of keeping fit.

With there being just the one badminton court and playing one night a week the membership had to be limited to 16 players maximum. Annual Subscriptions had risen due to the increased cost of hiring the Hall over the past few years.

*Mike Hollands
Chairman of the former club*

Lexy Loses her Locks

On the 7th September 2013 Lexy Rowley, aged 11, had her hair cut off for the Little Princess Trust for children who have lost their hair through cancer or illness. She had 12" cut off and raised £285. Her mother Sharon, who works for the Parish Council, said "It was all her idea to do it. I am proud of her."



Ken Phethean 1925 - 2013

The death of Ken Phethean in August brought to an end a family business connection with Ruddington lasting 80 years.

In 1908 Ken's grandfather, James, opened a chemist's shop on the High Street. His son Norman, who had for a time had a business in West Bridgford, took over his father's shop when he retired.

Destined to be a pharmacist Ken studied at Nottingham University but this was interrupted by National Service in the RAF. Ken was finally made a member of the Pharmaceutical Society of Great Britain in 1950 and went to work with his father in 1953.



Norman retired in 1976 and Ken continued the business until 1988 when he too retired, an unbroken line of 80 years during which his family served the Village giving helpful advice to

customers suffering from day to day ailments. Many people will remember Ken's willingness to give advice and reassurance to his customers.

Outside of the business Ken had many interests. He was a member of the Parish Council from 1958 to 1987 and served as its Chairman from 1963 to 1972. He was a keen member of the Ruddington Home Winemakers and Brewers, a supporter of the Parish Church and the Heritage Railway.

He and his wife Kathy, to whom he was married for over 65 years, enjoyed many holidays at their apartment in Spain. To his sons Richard and Guy and daughter Mandi he was a wonderful father and grandfather to his 3 grandchildren. We will not see his like again.

By Peter McGowan

E mail notification of Parish Council meetings.

Some residents of Ruddington have asked to be notified of 'important' Parish Council meetings by e-mail. What is important to one person may not be to another, so the Parish Council are offering an e-mail notification of all public meetings organised by the Parish Council. If you would like to receive this notification please contact the Parish Council office with your e-mail address.

An Antiques Road Show comes to Ruddington

On Friday 1st November an Antiques Road Show will be held in Ruddington.

The Road Show is at St Peter's Rooms, Church Street, starting at 7.00 pm. Mellors and Kirk, Fine Art Auctioneers, will be present so bring along your antiques to be valued.

Tickets are £10 to include a free valuation, Ploughman's supper, dessert and quiz. A raffle will take place. (First valuation free, then £1 per item).

Please note that you need to bring your own drink and glasses.

Tickets are £10.

The evening is to raise funds for the Ruddington and District Choral Society (Charity no. 1039384). Tickets are sold in advance only, from choir members or phone 01159899811, email: elizabeth.lister295@gmail.com

Restoration in Conservation Areas

The Parish Council have decided to recognise efforts where property has been aesthetically restored in keeping with "village surroundings". If you have seen any really good restoration in the Ruddington Conservation Area which you feel should be acknowledged please let the Parish Council Office know.

By Councillor Nick Tegerdine

Happy 1st Birthday to "Ruddington Mums"

12 months ago I knew that there must be a way to reach out to parents in the village. I wanted to create a social hub to share information and ideas and ultimately make life easier for one another. Being a parent is confusing and emotional enough without trying to work everything else out on your own along the way. So I created the "Ruddington Mums" Facebook page.

What happens on Ruddington Mums? Well, there are posts solely to make people smile, thoughts and

feelings, serious village related discussions, advice about what's on and when, marketing for local businesses, personal tradesmen recommendations, warnings, suggestions, help with school stuff, support and advice, anything really. If you're confused about something, you can be sure someone else is too, and someone can (and will) help.



In the last 12 months there have been hundreds of posts with lots of community interactions. We have had successful meet ups, with the kids at the park, and without the kids for food and wine. People who came nervously alone left with new friends. There are 2 more group socials planned for 2013, details of which will be posted on the Facebook page. (There could be more meet ups if anyone else wants to help arrange them?). People have also made new friends on the page and arranged their own play dates.

A page that started with about 18 of the Mums I'd met on the school run, now has nearly 500 members and a weekly reach of nearly 10,000 people! I can't believe how big it has become. A big thank you to everyone who has supported the page. Ruddington Mums now seems to be safely embedded as a part of our village community life. Mission accomplished!

It is not a money making page, it is not my full time job and I do not have a team of people behind the scenes, it is my hobby and I love doing it. I even needed to draft in holiday cover (thank you Tamzin). What started nervously as a little idea has grown into a large cyber community of welcoming, supportive villagers. We've reached out, made friends, laughed and had the odd tantrum, helped local businesses and warmed the hearts of people in Ruddington and beyond. Long may it continue.

You do not need to be a Mum, you do not need to be a parent, you don't even need to live in Ruddington to join us. If you have a sense of humour and an interest in our village life please take a look at

www.facebook.com/RuddingtonMums

Thank you. Xx

Website Comments:

Joanne Lale Independent Beauty Specialist - 'I love that it has created a sense of community, that I have met and made some fabulous friends. It has also helped my business, getting my name out there. Thank you Rudd mum x'

Framework Knitters Museum – 'From what I've seen and read you don't just provide a place for parents to have a voice you also provide a voice for parents. I think this is a brilliant site. You've also helped us to reach our community by sharing our posts. We are most grateful.'

A large print copy of the Village Newsletter is available to read in the library

Dr Spencer Retires

On 30th September 2013 Dr Mike Spencer retired after 32 years as a Ruddington GP. In 1981 he joined the team of Drs MacLaren, Badrashi and Paterson who were based at Oxford House, Easthorpe Street (which had at one time been Dr MacLarens home).

Later in the 1980's negotiations started to identify a new location for the practice as Oxford House, after nearly 40 years use, was not able to be adapted to keep pace with changing clinical space needs.



In 1991 the Practice moved to the newly built Ruddington Medical Centre at its current site on Church Street and in 1994 the Centre became a Training Practice. Over time increased administrative requirements within the Health Service and an expansion of the population of Ruddington, due to new housing developments, made it quickly obvious that extra space was needed.

In February 2010 the Medical Centre closed for extensive work to be undertaken and the Practice moved to temporary accommodation on the Green. Later that year the Centre was re-opened with double the previous space available.

Throughout his career Dr Spencer has undertaken various training and mentoring roles. This has involved medical students and also practicing GP's. He intends to continue this role working for the East Midlands Local Education and Training Board which is based on Ruddington Fields Business Park. He also enjoys amateur dramatics, caravanning and travelling, and is looking forward to be able to do more of these as well as spending time with his family.

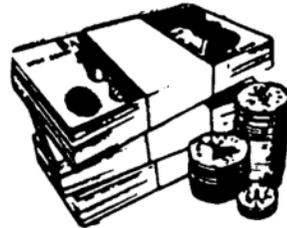
The village thanks him for the last 3 decades of medical support and wishes him well for the future.

By Barbara Breakwell

County Council launches budget consultation

Over the next three years, the County Council must find an estimated £154m in savings to public services already depleted by three years of austerity and spiralling demand for support and care services for vulnerable adults and children.

It is likely that every person, family and organisation in the county will be affected by the cuts the Council will be required to make, meaning it is more important than ever before that local people take part in the consultation.



Action On Hearing Loss

Do you wear NHS hearing aids?

Come to our FREE walk-in hearing aid clinic for:

- New batteries
- New earmould tubing
- Advice on how to use and clean your hearing aids
- Information on hearing loss and all the services that can help you.

No need to book an appointment - just turn up.

Where: St. Peter's Rooms, Ruddington.

When: 17th October, 21st November, 19th December.

Time: 11.30 – 12.30

For more information on this clinic please contact:

Gayle Wand

Acting Senior Community Support Officer

Telephone: 0115 942 7804

heartohelp.nottingham@hearingloss.org.uk

www.hearingloss.org.uk

Residents and businesses are being asked for their views on the Council's financial plight and which services they would be prepared to see reduced or sacrificed all together.

Councillor Alan Rhodes, Leader of Nottinghamshire County Council, said: "At the end of this process it is likely that Nottinghamshire County Council will be a very different organisation. It is essential, more so than ever, that people take part in 'The Budget Challenge', tell us where we should prioritise our remaining resources and where savings will have to be made."

The Budget Challenge consultation will run until 17 January 2014 in three stages. People can take part at any or all of the stages.

Throughout the Budget Challenge, people will be get the latest information and register their views at www.nottinghamshire.gov.uk/budget or join the debate at Facebook /Nottinghamshire and Twitter @nottscc using the hashtag #NottsBudget

If you're not online, you can still tell the Council what you think by:

- Calling the customer service centre on 0300 500 80 80
- Completing a comment card, available in all local libraries
- Requesting a copy of the Budget Challenge booklet by calling 0300 500 80 80
- Writing to FREEPOST, RLUR-UXJJ-ETZZ, Nottinghamshire County Council, County Hall, West Bridgford, Nottingham NG27QP

“I would do it but.....”

Lots of us wish we did more exercise. We know it's good for us and that our health is important. But it can be easy to find excuses for not actually getting out there and doing it.

Well now you have no excuses as help is literally on our doorstep!

Rushcliffe Move and Mingle offer regular free, safe, sociable walks every Wednesday around Rushcliffe Country Park.

All you have to do is be at the Education Centre at 10.30am. The walks last up to an hour with distance depending on walkers' ability and level of fitness.



If you fancy trying other walks within the Rushcliffe area they also produce a pack of alternative walks, complete with maps and directions that you can do whenever you like. Just pop along and ask for one.

For more information contact Tony on 07754 076044 or e mail at rushcliffemandm@gmail.com and take that first step to a more active lifestyle.

By Barbara Breakwell

W I Open Meeting



We invite everyone (men included) to our open meeting on Wednesday 9th October 7.15 p.m. at St. Peter's Rooms. The speaker is Nigel Lowey and the subject is St. Pancras (the station not the saint!). There will be an exhibition themed "A Ticket to Ride."

The Broadway Boys - Can You Help?

The Village Museum was recently approached by Roy Watkins of Loughborough, who is seeking information about a dance band, the Broadway Boys, which played at a number of local community and works events in the 1920s and 1930s.

Roy's father Bill, who lived on Easthorpe Street, was a member of the band and played the violin, saxophone and clarinet. Roy is keen to hear from anyone who can provide additional information about the band or has photographs or other memorabilia that he could copy.

If you can help, please contact the Village Museum on 0115 914 6645 or email enquiries@ruddington-museum.org.uk

Parish Council Meeting Times

The Parish Council have changed the start time of their meetings to 7.30 p.m. (from 7.00 p.m.).

All Council and Committee meetings are open to the public and there is a time set aside for the public to speak on any topic on the agenda.

Vote for James Peacock School

James Peacock School has been shortlisted for a Lloyds Bank Community Fund Award. This means they will get at least £300 but could get £3,000 if they are one of 2 projects with the most votes. Go to: www.lloydsbank.com/communityfund

and select James Peacock as the cause. The money will be used for their 'Outdoor Enrichment' project which includes growing beds, wildlife area, memorial garden and lunchtime play equipment.

New Parish Councillor George Ellison

The Parish Council have co-opted a new councillor, George Ellison, to fill the vacancy in Camelot Ward.



George is a barrister and Head of Law at the University of Derby Online. He has particular experience in planning and employment law.

He is interested in the Parish Council pushing for improvements on behalf of the people of Ruddington.

Ruddington Diary - Continued

Saturday 12th October

Parish Council Surgery. 10am to 12 noon at St. Peter's Rooms. This is your opportunity to speak with your Parish, Borough and County Councillors about local issues.

Rt. Hon Kenneth Clarke QC MP - available for constituents by appointment only, contact: Debbie Sugg, telephone 0207 219 5189 or email suggd@parliament.uk

Sunday 13th October

Road Transport Event at GCRN - Our late-season Road Transport event features our collection of historic vehicles and guests, many with a local connection.

Tuesday 15th October

Environment Committee - meeting at St. Peter's Rooms at 7.30 pm.

Thursday 17th October

Neighbourhood Watch - meeting at St. Peter's Rooms, 6.30 pm.

Action On Hearing Loss - Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. St. Peter's Rooms 11.30am - 12.30pm.

Friday 18th October

Friends of Ruddington Framework Knitters Museum - The History of the Music Hall, by David Darby. At Chapel Hall, Chapel Street, Ruddington at 7.30pm. Tickets cost £5, including tea and biscuits and are available from the Museum or by calling 0115 98454375.

Ruddington Business Partnership - meets at Philo's from 8am to 9am. Come along and meet other local businesses.

Sunday 20th October

Tea, Coffee & Cakes at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Saturday 26th October

GCRN Halloween Special - please see website for the latest information.

The Royal British Legion Poppy Appeal Launch 2013/14 - Coffee morning with stalls, St. Peter's Rooms 10am to 12 noon.

2013 Flu Campaign - at the Ruddington Medical Centre - see 5th October for details.

Wednesday 30th October

Ruddington Gardeners Association - An illustrated lecture entitled "Flowers of the Peak District" by Dr Patrick Harding, followed by complementary refreshments @ The Hermitage 7.00pm for 7.30pm.

November 2013

Sunday 3rd November

Footpaths Walk - Ruddington Footpaths Preservation Group's organised walk. Beeston Canal and River Trent Circular. Meet on the Green at 2.15pm.

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Tuesday 5th November

Finance & Policy Committee - meeting at St. Peter's Rooms at 7.30 pm.

Wednesday 6th November

Ruddington Local History and Amenity Society - Wollaton - The House on the Hill, by Ann Henstock 8.00pm St. Peter's Rooms. Admission fee £2.00.

Saturday 9th November

Parish Council Surgery. 10am to 12 noon at St. Peter's Rooms.

GCRN Firework Spectacular - Our firework events now feature connecting services from Rushcliffe Halt. The evening includes a firework display, fun-fair rides, candy stalls and night time train rides.

Ruddington Diary

October 2013

Tuesday 1st October

Parish Plan Meeting – To discuss having a parish plan for Ruddington. St. Peter's Rooms at 7.00 pm.

"Older People's Day" An annual celebration of all that people over the age of 60 bring to the community. You are invited to a "drop in" at the Chapel at the Framework Knitters Museum between 10am and noon for free activities and refreshments.

Wednesday 2nd October

Ruddington Local History and Amenity Society - Edward Carver, Case study of local and family history, talk by Peter Hammond at 8.00pm St. Peter's Rooms. Admission fee £2.00.

Saturday 5th October

Nottingham Ukulele Orchestra - Proceeds to The Methodist Relief and Development Fund. Ruddington Methodist Church, 7.30pm, all tickets £6 and include light refreshments. Tickets are available by contacting 0115 9845375 or 0115 9212229.

2013 Flu Campaign - at the Ruddington Medical Centre, flu clinics 9am to 12noon. These are for the following groups only: Over 65's, Asthama/COPD, Diabetes, Renal Problems, Pregnant Women, Liver Problems, Carers, Immunosuppressed and Heart Problems/Stroke.

Sunday 6th October

Footpaths Walk – Ruddington Footpaths Preservation Group's organised walk. Prestwold Park/Burton on the Wolds. Meet on the Green at 2.15 pm.

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Saturday 5th & Sunday 6th October

Miniature Traction Engine Rally - our popular miniature event returns featuring a host of miniature traction engines and steam vehicles most of which will in steam and operating. See www.GCRN.co.uk

Monday 7th October

Inner Wheel Club of Keyworth and Ruddington - presents an Autumn/Winter Fashion Show by "Obsessions" to be held at West Bridgford Masonic Hall. Commences at 7pm. Tickets cost £8.50 and are available by calling 0115 9745769 or 07889 242710. Proceeds go towards Teddies for Loving Care.

Tuesday 8th October

Amenities Committee - meeting at St. Peter's Rooms commencing at 7.30 pm. All committee meetings are open to the public where you can raise your views on any of the items on the agenda.

Rattle, Rhyme and Roll - in the Ruddington Library. Have fun with your little ones, enjoy songs and rhymes together, watch them learn and grow. Meet other parents and make new friends. The sessions are free and no booking required. Call 0115 9212309 for more information.

Scrabble - In Ruddington Library 2pm to 4pm. All players welcomed

Wednesday 9th October

Ruddington W.I. - you are invited to "St. Pancras" by Nigel Lowey, there will be an exhibition themed "A Ticket to Ride" commencing at 7.15pm at St Peter's Rooms.

Thursday 10th October

Ruddington & District Ladies' Proboscis Club - talk by Brian Fearnley on "Albert Ball V.C.", 2pm St. Peter's Rooms.

Continued inside