

Ruddington Parish Council

VILLAGE NEWSLETTER**Walk the wall**

This summer has seen a fantastic season of Olympic activity and incredible success for the GB Teams.

On Friday 26 August, Ruddington Fun organised an event to celebrate this Olympic success.

Generations of residents have walked along the wall that surrounds St Peter's Rooms, so they were invited to do it again and on completion receive a medal for their efforts. Flags and bunting adorned the area and incredibly 103 people – ranging from 1 to 80 years of age – and one dog took up the challenge. I say 'incredibly' as the idea only came to me 36 hours earlier so there was limited time to publicise it!

Thanks go to John Hallatt, (a local "Olympian" in that he was an official at the 2012 Olympics), the Nottingham Building Society team, the Streetwise team, Parish Council staff, Village Museum team and of course all the local individuals, both human and canine, who took part.

(You can find more photos on the Ruddington Fun Facebook page).



Continued inside

The Village Newsletter is sponsored this month by:

Ruddington Grange Golf Club

0115 921 4139

ruddingtongrange.com



Wall walker Evelyn Bedford

Continued from front page

Also thanks to Borough Councillor Jean Greenwood who walked the wall and helped hand out the medals and to Steve from Aero Visual Services for filming the event.

Special thanks are also extended to Oliver Blood for removing the railings that sat on top of the wall. Without his actions in the 1970s, we would have been unable to do our Wall Walk in 2016.

An annual event perhaps?

Barbara Breakwell

Flu vaccinations

Flu is an unpredictable virus that can cause mild or unpleasant illness in most people. It can cause severe illness and even death among vulnerable groups including older people, pregnant women and people with an underlying health condition.

Certain people are more likely to develop potentially serious complications of flu, such as bronchitis and pneumonia, and these people are advised to have a flu jab each year. For otherwise healthy people, flu can be very unpleasant. Most people will recover from flu within a week or two.

To be eligible for a FREE flu vaccination, you need to be in one of the following groups: Over 65s, Liver problems, Asthma/COPD, Carers, Renal Problems, Immunosuppressed Heart Problems/Stroke, Diabetes.

Both our health centres are running special flu clinics for eligible patients.

Patients at **Ruddington Medical Centre** can pop along to one of their Flu Clinics on Saturday 1 October 2016 and Saturday 15 October 2016.

There's no need to book an appointment, just arrive at the surgery between 9am – 12 noon. If you are unable to attend one of the Saturday clinics or have any further questions, please give the surgery a call on 0115 9211144.

Church House Surgery on Shaw Street also has a number of Flu Clinics available for eligible patients, including on Saturday 8 October.

Please pop in to the surgery or contact them on 0115 984 7101 to book in.

Museum celebrates 45th anniversary

The Framework Knitters Museum on Chapel Street celebrated its 45th anniversary in style with its Annual Garden Party on Monday 29 August. A highlight of the event was the launch of a brand new fundraising ale, dubbed 'Frame Breaker', created by the Radford-based Nottingham Brewery to help the Museum mark this very special occasion.



Guests at the Garden Party enjoyed free samples of the brew while enjoying the sunshine in the historic Framework Knitters Yard. Other attractions on offer included a packed programme of musical entertainment from local artists, craft stalls and activities, home-made cakes and refreshments, and the latest exhibition in the Chapel Art Gallery.

Frame Breaker is now on sale in Nottingham Brewery's three pubs, The Frame Breakers in Ruddington, The Plough Inn (Brewery Tap) in Radford and The Ned Ludd in Nottingham city centre. For every pint of the beer sold,



the brewery will donate 20p to the Museum's Redevelopment & Expansion Appeal, which aims to transform their current site and expand the Museum into adjoining premises.

Paul Baker, manager at the Framework Knitters Museum, said: *"The beer is the first officially joint activity of what we hope will be a really interesting partnership with Nottingham Brewery. We're in talks about some very exciting plans for the future, with ideas ranging from special fundraising dishes on The Frame Breakers food menu, to joint promotions and events. Keep an eye on our social media pages to find out what's happening next."*



Success for first Summer Fayre

On Bank Holiday Sunday 28 August, Ruddington Parish Council held their first ever Summer Fayre. Thankfully, the weather was good for most of the day with only one short downpour to dampen the proceedings!

The Fayre was well supported by Ruddington families and those from the surrounding areas. There was something on offer for everybody, with stalls selling everything from handbags to cupcakes! For the children there were fairground rides, face painting and Ruddington Fun craft activities inside the Project Body building.



The programme of live entertainment included a disco from Alan Whitehead, live music from folk band 'A Squeeze of Lemming', singer Paul Friday and a demonstration of a keep fit class by a Project Body instructor.

The Punch and Judy show was extremely popular with both children

and adults – no doubt bringing back memories of seaside holidays! Another big attraction was the parrots and owls from the Under our Wing Avian Sanctuary. The parrots kept everybody entertained all day with their banter and singing!

Ruddington Scouts were able to raise some funds for their group using the stocks, with volunteers making a donation in return for having wet sponges thrown at them!

Ruddington Parish Council would like to say a big 'Thank You' to anyone who helped to make this event a huge success. If you'd like to see some live action from the day, you can find a video on Youtube taken by a representative from Aero Visual Services Ltd.

RPC Events Group

Police Contact Information

Emergency Number 999

Non-emergency number 101

PCSO 7424 Anthony Davies

07702 141 572

PCSO 8309 Kathy Lucock

07595 074 225

West Bridgford Police Station,

Rectory Road, West Bridgford

Nottingham, NG2 6BN

Opening hours:

Monday to Friday - 8am to 8pm

Saturday - 8am to 4pm

Sunday – CLOSED

Ruddington Fun

Ruddington Fun has had another busy summer. Thank you to everyone who came along. Our thanks are again extended to the Parish Council for their support with venues.

We would also like to give special thanks to Ian Gelsthorpe from Ruddington Grange Golf Club and Clive Press who supported our events by bringing along a golf activity and a vintage car.

We were also delighted when our Borough Councillors made a donation to enable us to replace and replenish some of our equipment. Providing FREE holiday activities with an average of 100 children at each event for six years has taken its toll on our equipment!

We also enjoyed supporting the Summer Fayre organised by the Parish Council, and the Sunday Funday on the Country Park organised by Rushcliffe Borough Council.

The Ruddington Fun Team

Body Centre up for award

The Body Centre has been nominated for a Recognising Rushcliffe Award for the second year running. The gym, located on The Green, is up for the 'Enabling the Community Award' in recognition of their sterling work to provide a range of facilities for village residents of all ages.

As well as operating as a health and fitness centre for adults, The Body

Centre launched the Ruddington Youth Project in June 2016, opening up its gym facilities to local teenagers four times a week. Owners Rachel and Ryan Charlesworth, who live in Ruddington, also re-established the village Youth Club after it closed in 2014, provide personal training to people recovering from injuries, and offer their premises for use by School's Out Ruddington, Sure Start, children's parties and local sports clubs.



Speaking to the Nottingham Post, Ryan said: *'Both myself and Rachel are delighted to once again be nominated for this fantastic award. Since last year we have grown so much and the launch of the youth project has really put the icing on the cake. To see so many people enjoying our club for so many reasons, and to see so many people being active and changing their lives, makes us immensely proud of what we are doing.'*

The Recognising Rushcliffe Awards ceremony will take place at Becket School in West Bridgford on Wednesday 16 November. Good luck Ryan and Rachel!

Faye Stenson

Ruddington Diary

October 2016

Sunday 2nd October

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Ruddington Footpaths Preservation Group - "Clifton Village to Barton-in-Fabis and return" Meet on the Green at 2.15pm.

Monday 3rd October

Ruddington Craft Group - at St Peter's Rooms 10:00 am to 12 noon. Tuition materials and refreshments are included in £3 costs Craft this week - Christmas exploding boxes.

Tuesday 4th October

Methodist Church Women's Fellowship - Jean Walker - Village Museum - 2.30pm in the Methodist Schoolroom.

Environment & Policy Committee - at St Peter's Rooms commencing at 7.30pm. All meetings are open to the public where you can raise your views on any agenda items.

Wednesday 5th October

History Society Meeting - "1,000 Years of War Poetry by Samantha Glaswell 8pm in St. Peter's Rooms.

Sunday 9th October

Fingers crossed and weather-permitting, **KATHY'S WING WALK** in aid of the Framework Knitters Museum, at Leicester Airport.

Late Season Road Transport Event at GCRN. View their collection of historic road vehicles and guests, and enjoy heritage bus and diesel train rides. Visit www.gcrn.co.uk for info and tickets.

Tuesday 11th October

Rattle, Rhyme and Roll - Have fun with your little ones. 11am at the Library, FOC.

Scrabble - In Ruddington Library 2pm to 4pm. All players welcomed.

Wednesday 12th October

W.I - Gift wrapping workshop: Caroline Greene, Phoenix Trading. At St Peter's Rooms 7:15pm

You can often find more details of the events on the Parish Council website: www.ruddingtonparishcouncil.gov.uk on the diary page.

Sunday 16th October

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Tuesday 18th October

Methodist Church Women's Fellowship - Nottingham Building Society - Finances - 2.30pm in the Methodist Schoolroom.

Parish Council - at St Peter's Rooms commencing at 7.30pm. All meetings are open to the public where you can raise your views on any agenda items.

Thursday 20th October

The Ear Foundation -Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. In St. Peter's Rooms between 11.30am to 12.30pm. No appointment required.

Ruddington Folk & Blues night 8.30 pm at The Country Cottage Hotel. Performers & listeners very welcome.

Friday 21st October

Ruddington Business Partnership - FREE networking today and every 3rd Friday of the month, at The Ruddington Arms, 8am to 9am. Come along and meet other local businesses. No booking required.

Saturday 22nd October.

Sulzer Running Day, GCRN. Showcasing their fleet of Sulzer locomotives with services running from Ruddington to Loughborough. Departures from 10:30am. Visit www.gcrn.co.uk for info and tickets.

Sunday 23rd October

3rd Keyworth Guides are running a Charity Café at the Visitors' Centre at Rushcliffe Country Park, 9am to 3pm.

Wednesday 26th October

Ruddington Gardeners' Association - "Myths and Mysteries of Organic Gardening" by Sally Smith at The Hermitage 7:00pm for 7:30pm.

November 2016

Wednesday 2nd November

Amenities Committee - at St Peter's Rooms commencing at 7.30pm. All meetings are open to the public where you can raise your views on any agenda items.

History Society Meeting - " Life and Times of a Victorian Lawyer: History of George Freeth, one of the founders of Freeths of Nottingham by Derrick Watson 8pm in St. Peter's Rooms.

Sunday 6th November

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Ruddington Footpaths Preservation Group - "Bunny Woods (Old and New) returning via Ash Lane" Meet on the Village Green at 2.15pm.

If you would like something included in the Village newsletter please talk to the Clerk or Deputy Clerk.

The copy deadline for the next edition is 15th of the month.

Monday 7th November

Ruddington Craft Group - at St Peter's Rooms 10:00 am to 12 noon. Tuition materials and refreshments are included in £3 costs Craft this week - Decorating plant pots.

Save the date: 2016 Christmas Fayre All aboard the Santa Special

Just a few weeks after the hugely successful Summer Fayre (see separate article), planning is now well underway for Ruddington's annual Christmas event. This year's Christmas Fayre will take place on Saturday 3 December and is set to be the biggest and best so far. The High Street will be closed to traffic to make way for outdoor stalls, whilst indoor stalls will be set up in St. Peter's Church, St Peter's Rooms and The Body Centre.

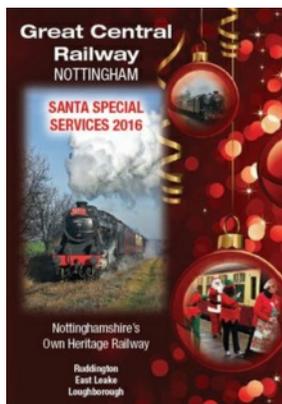
There will also be a small Wakes Fair on the Village Green with rides and attractions for all ages, as well as plenty of entertainment, with singing and dancing fuelled by mulled wine and lots of winter treats. As always, Santa will be on hand with presents for the children and the event will culminate in a tree-lighting ceremony in the churchyard, followed by festive carol-singing.

To book a stall at the Christmas Fayre and keep up with the latest plans, search for 'Ruddington Events' on Facebook and Twitter, and Like or Follow the pages.

Faye Stenson

A large print copy of the Village Newsletter is available to read in the library.

Yes, we know it's only October, but if you'd like a seat on board the GCRN Santa Special, it's time to book now! The seasonal services are growing in popularity every year, making early booking essential to avoid disappointment. This year's Santa Specials will run every Saturday and Sunday from 26 November, right up to the final festive departure at 12:30pm on Christmas Eve.



All Santa Specials will be hauled by heritage steam trains, with Santa Claus himself coming aboard to give out gifts to all the children. There'll be seasonal refreshments for everyone to enjoy, and the GCRN shop, cafeteria and miniature and model railways will also be open to visit before or after your trip.

You can download the Santa Specials leaflet and booking form at www.gcrn.co.uk or call into the GCRN office to pick one up in person.

Faye Stenson

Copper's first anniversary Dog Show

A special Dog Show to celebrate the first anniversary of Copper's Dog Activity Trail was held on Sunday 28 August. The weather stayed fair and an impressive 150 dogs participated in both timed rounds of the Trail itself and novelty fun classes in a show ring next door. The show certainly achieved its goal of getting all ages and different breeds of dog to come along, have a go, and most of all, have fun!



Rosettes, trophies and natural dog biscuits were given out as prizes to the winning dogs, whilst our two-legged friends enjoyed homemade cakes washed down by tea or coffee. As well as a fun event, the Dog Show was also a fundraiser, with refreshment sales boosted by a tombola and stalls selling Faerytails natural dog treats and doggie ice cream, and Tommy Doggy greetings cards.

A total of £442 was raised on the day, which will go towards purchasing an all-weather surface for the Trail. However, we still need a lot more money to achieve this aim, so we're planning a further fundraising tea and tombola event for October or November.

We would like to thank everyone who came along to either participate in or support the Dog Show, which we hope to make an annual event. Particular thanks go to Sheila, Gareth and Fred from Chalfield Dog Club who volunteered their time and experience to help run the show. Huge thanks are also due to the Friends of Rushcliffe Country Park and other volunteers who gave their time to help make the day a success.

Zoe Fordham, Ranger

We will remember them WW1 Casualties this month 100 years ago

10th OCTOBER 1916

Private **Eben Renshaw**, aged 38,
16th Sherwood Foresters (Chatsworth
Rifles)

Son of George and Elizabeth Ren-
shaw, Wilford Road, Ruddington
Remembered on: Thiepval Memorial,
Somme

12th OCTOBER 1916

Lance Corporal **Henry Bennett**, aged
25, 1st Hertfordshire

Son of John and Sarah Bennett, Shaw
Street, Ruddington
Buried: Lonsdale cemetery, Authuille,
Somme

New playground for St Peter's

The Friends of St Peter's Junior School Ruddington (FOS), is delighted to announce that their new playground has been constructed over the summer holidays. This playground was funded through the raising of £10,000 by the FOS over the last three years. The playground was in poor condition, with pot-holes forming and the nearby grassed area around a tree was being worn into a muddy patch.



Mr Mapperley, Head Teacher at St Peter's, said, *"With the recent increase in pupil numbers at the school, we need more safe outdoor play areas that can be used year-round. The refurbishment of the playground, replacement of the worn out grass with artificial turf, and the addition of a tree seat have vastly improved the area."*

Chair of the FOS, Mrs Jenny Boniface said, *"Meeting the fundraising target last school year was a huge achievement and thanks go to everyone in the community who has supported us by making donations, supplying raffle prizes and attending our events. I would*

particularly like to acknowledge past and present FOS committee members who have worked tirelessly to organise and run events to raise money for this project."

"We would also like to thank local businesses and organisations that provided larger donations last year: Co-operative Food, St Mary's Community Park Project, A.W. Lymn, Keyworth and Ruddington Rotary, and Thomas James Estate Agents."

FOS committee members, school staff and pupils came together to celebrate our community's accomplishment and show their appreciation to those who helped make the project possible at an event on 29 September. Activities included accolades, refreshments and of course, pupils demonstrating how to enjoy their new playground!

Inter schools 5p challenge

During the school summer holidays, a challenge was set by the Friends committees of the two local schools, James Peacock and St Peter's, to find out "Who could collect the most 5p coins".

When the schools re-opened after the break, the coins appeared and counting duly took place to see who would win the 5p Challenge Trophy.

The results were £137.50 at St Peter's and £176.80 at James Peacock, with James Peacock declared the winner of the inaugural challenge.

All proceeds have now gone into the respective schools' fundraising accounts and thanks are extended to everyone who took part.

It's proposed to hold the challenge again next summer, when ANYONE is invited to take part. By simply saving your 5p coins and donating them to the schools, you'll be helping bring extra resources to our village children.

Barbara Breakwell

Friends of Ruddington Framework Knitters Museum

Next month the Friends of Ruddington Framework Knitters Museum will be putting on a talk by the ever popular Jo Carter. Jo has entertained us previously with her lively accounts of 'Life as a Lady's Maid' and 'How the Victorians lived'. Jo illustrated each of these talks by dressing in the costumes of the era, including some interesting Victorian under garments! This time she will be giving her talk entitled "True Tales of a Tour Guide". This will be an informal talk and Jo promises to share with us some of the amusing and interesting experiences she has had and the unforgettable people she has met.

We hope you will be able to join us on Tuesday 25th October at 2.30pm. The talk will be held in the Chapel Hall on Chapel Street, Ruddington. Tickets cost £5 and are available from the museum shop or telephone the museum on 0115 9846914.

Details of future museum events can be found on the museum website:

www.frameworkknittersmuseum.org.uk.

Sally Wallington

Calling all little cooks...

Finding a novel idea for a kids' party can be tricky, but Anne Theakstone has come up with an entertaining, messy, fun way to help Ruddington kids celebrate, in the shape of Sticky Fingers.

Offering cookery parties, as well as



themed workshops for occasions such as Halloween, Anne supplies all the ingredients, kitchen equipment and party food, keeping the mess at your party venue instead of your home!

Children can make and decorate their own creations, as well as enjoy a range of cookery-themed craft activities – and take home their cooking along with a chef's hat and certificate.

To find out more, contact Anne on 07710 980 570 or email anne@stickyfingerscookeryparties.co.uk.

Kay Garrett

New location for Julia's Kitchen

After four years on Church Street, a popular Ruddington cake-making business has moved premises. Julia's Kitchen can now be found at 14 High Street in the former Gracie's/Village Café premises, and also has a new shop phone number of 998 4823.



'Julia's Kitchen Cake Boutique' was the brainchild of entrepreneur Julia Towers who's worked in catering since leaving school. But it was the cupcakes and birthday cakes that she started making for appreciative friends at home in Clifton that led her to turn it into an online business on Facebook around five years ago.

"Then, a year later, with over 4,000 Facebook friends, orders from all over the country and my kitchen always upside down, I decided I'd better look for separate premises to make and decorate my cakes," says Julia. "And a shop came up in Ruddington where I could bake on site and also get passing trade."

Now, since Julia and her award-winning team have outgrown their original premises, she's seized the opportunity of moving to the much larger shop on the High Street when it became vacant.

Her plan is not only to expand the existing range of products on offer, but also to create a shop that sells absolutely everything for the budding and experienced cake maker – and to run cake-making courses on site, too.

You can keep up-to-date with developments on the Julia's Kitchen Twitter and Facebook pages.

Graham Wright/ Barbara Breakwell

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Contact details for parish councillors are on the Parish Council website.

Website: www.RuddingtonParishCouncil.gov.uk

Tweet to: @RuddingtonPC Facebook.com/Ruddington Parish Council

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