

THE RUDD

Success for “Le Jumelage” football visit

Ruddington has entertained two young teams from A.G. Grenay, the football club from our French twin town, Grenay in north eastern France.



From Thursday 10th May to Sunday 13th May, we hosted a total of 33 people including the Mayor of Grenay and his wife, 21 children aged from 12 to 15 years and a collection of football coaches and parents.

Their stay proved to be a very busy affair with trips to both Notts County FC, where the children were thrilled to meet the Manager, Kevin Nolan, and Nottingham Forest FC. They were allowed into both grounds and enjoyed taking photographs in the seated areas, in the dugouts and so on.

Continued inside

The Village Newsletter is sponsored this month by:

Ruddington Grange Golf Club

0115 921 4139

ruddingtongrange.com

Other trips included Notts County Cricket Club where attempts were made to highlight the finer points of the game, Wollaton Hall, Green's windmill and a ride on a steam train at GCRN.

The focus of the visit, however, was two games of football between Ruddington Colts and A.G. Grenay which were played under the hot sunshine of Saturday 12th May. Both games were played in a very competitive yet friendly and enjoyable manner.



First up were the Under 13s. Grenay took an early lead and soon went two goals up but the Colts gradually fought their way back into the game and eventually managed to get a goal back. Grenay tried desperately not to concede a second goal, but the Colts finally got the goal they deserved and the game finished in an honourable draw at 2-2.

The U15s game followed a similar pattern to the first in that Grenay took an early 1-0 lead and could have built upon it. However, they failed to do so and the Colts gradually came into their

own, scoring their first goal. The Colts then took a hold on the game and built a 3-1 lead. The Grenay keeper had a superb match between the sticks, but couldn't prevent two further goals right at the end of the game as Grenay, who were without substitutes, wilted in the heat. The match finished 5-1 to Ruddington Colts.

Many people who attended commented upon the camaraderie between both sets of players and supporters and they enjoyed a hearty lunch together, supplied by Ruddington Fish Bar, after the games. A.G. Grenay presented each Colts player with a memento of the day, whilst Colts presented A.G. Grenay with a framed shirt, a pennant and four "Player of the Match" trophies. The winners were selected in each game by the Manager of the opposition team.

It is always difficult to keep costs down during visits such as these. As well as Ruddington Fish Bar, the Parish Council is very grateful to Ruddington Co-op and Ruddington Sainsbury's, who supplied breakfasts, lunches and drinks for our guests from their Community Programmes.

All our French guests had a wonderful few days but the highlight for everyone, Grenay and Colts alike, was the football and the wonderful spirit in which it was played.

Councillors Paul and Jill Reedman

The future of Ruddington – have your say!

We really want to know what's important to you about future house building in Ruddington. To help us to find out, leaflets about the Ruddington Neighbourhood Plan have been delivered to every home and business in Ruddington. This is extremely important to the future of our village.

But what is a Neighbourhood Plan? Neighbourhood planning gives communities direct power to develop a shared vision for their neighbourhood and shape the development and growth of their local area. Through a Neighbourhood Plan, Ruddington can influence how the village is enhanced and protected through the built development that will take place in the years to come.

Your leaflet contains details of how to complete an online questionnaire. By completing this questionnaire you can influence the future of Ruddington. Alternatively, you can complete it by clicking on the following link: www.ruddingtonnp.org.uk/survey.

Issues covered by the questionnaire include housing and development, transport and highways, the environment, and leisure and recreation, but there are many more. All you'll be asked to do is to indicate

the level of priority you'd attach to each issue. There's a box for any additional comments you might have.

Please make sure you complete the questionnaire before Saturday 30th June 2018. Also, please note that this isn't a "one response per household" questionnaire, it's "one per person".

We'd like to encourage every member of the family to complete one, from the youngest to the most senior. And, if anyone works in the village but doesn't live here, they're entitled to speak up too.

Paper copies of the questionnaire are available as well and should be returned to the Ruddington Parish Council Office by the same date: Saturday 30th June

The Neighbourhood Plan Project Team has appointed Urban Imprint, a company which specialises in this field, as consultants to advise them.

Two Consultation Events are being held in St Peter's Rooms. Urban Imprint will be there and will be doing presentations.

Members of the Project Team will also be there, so these events are your opportunity to learn more about the Plan Process and to discuss with, and ask questions of, the people who compiled the questionnaire.

Continued overleaf

The Consultation Events are taking place on **Tuesday 5th June 2018 from 3pm until 8pm** and **Saturday 9th June 2018 from 10am until 4pm.**

More information about the Neighbourhood Plan can be found online at www.ruddingtonnp.org.uk. You can also follow us on Facebook at “Ruddington Neighbourhood Plan” and Twitter @RuddingtonNP.

Please come along to one of our events and tell us what you think. But, most importantly of all, please take the time to fill in a questionnaire and have your say.

Councillors Paul Reedman and Mark Pinks

Run for Reading

At 9.30am on a Sunday morning in April, 73 children from both St Peter’s School and James Peacock Infant and Nursery School took part in a sponsored 2km run at Rushcliffe Country Park. “Run for Reading” was held to raise money to enhance the book resources at the schools.

The event was made possible by a joint effort between the Friends of School members, parents and carers, the park rangers and the Junior Parkrun team. All the children were cheered and applauded as they headed for the finish line. After the run, there were cakes and drinks on

sale, with the proceeds going to the Friends of Rushcliffe Country Park.

Huge thanks go to Laura Ratcliffe for leading on the event, to the Parkrun team for their support and to the generous sponsors, as the event raised over £1,100. It’s hoped that “Run for Reading” will now become an annual event.

Barbara Breakwell, Treasurer, Friends of James Peacock

Muddy Puddle Walk raises £980

The Peppa Pig Muddy Puddle Walk which took place at Rushcliffe Country Park on Saturday 28th April was a great success.



Over 300 children registered to take part and an amazing £980 was raised for Save the Children – what a fantastic result!

I’d like to say a huge “THANK YOU” to everyone who came along in the rain to support us. See you next year!

Jane Piggott

Contact's 40th anniversary

Contact was started in 1978 by a group of young Ruddington mums. It was set up to be a social organisation for new mothers to meet in the evenings at various members' houses. The meetings have been held every fortnight since that time and the programme is varied – talks, quizzes, outings, theatre visits and so on. There's also a book club. Members take it in turns to organise the year's programme, which runs from September to July.

This year, to celebrate our 40th year, a trip was organised to the Spanish city of Valencia. 13 members of the group set out on 30th April for a four day visit.



The city afforded a lot of interesting sights, from the stunning modern architecture of the City of the Arts and Sciences to the historic centre. The city is also famous for its paella and sangria, both of which were enjoyed by the group.

Contact has 24 members at present and nearly all of them still live in the

village. Various anniversaries have been celebrated over the years. For our 25th anniversary, we organised a visit to New York; our 30th anniversary saw a visit to Bruges; and for the 35th, it was a visit to Paris. Who knows where our 45th anniversary will be celebrated?

Gillian Worster & Chris Davison

Food Fair “thank you”

James Peacock Infant and Nursery School would like to thank everyone in the community who made our recent Food Fair such a success.

The event, organised by the Friends of James Peacock, attracted 300 adults who, with their respective children, came along to shop and eat at the food stalls, enjoy the activities and support the 50th Anniversary Raffle.

On Saturday 16th June, everyone is invited to the school's next fundraising event: the Family Fun Day. This will run from 2pm to 5pm. As well as lots of things to see and do, it will include the official opening of the outdoor activity area that was recently installed in the school grounds. This was the culmination of three years' fundraising and is proving very popular with the pupils. Look out for posters around the village for full details in the next couple of weeks.

The Friends of James Peacock Committee

The Great Get Together

Join us at the Ruddington Great Get Together Picnic on the Village Green on Saturday 23rd June from 12.30 to 3.30pm.

Invite your neighbours, friends and family. Pack up your lunch, blankets and games for the kids and join us for some fun in the sunshine!

This year, for the more sedate, we're also holding a Great Get Together Tea Party at St Peter's Rooms from 2pm to 4pm.



Cake and drinks will be available, and local musical trio, Songs 4U, will entertain us with songs of yesteryear.

This event will be free of charge thanks to the generous donations of local people and support from the Parish Council.

The Great Get Together began two years ago following the murder of Jo Cox MP.

Communities all over the UK will come together inspired by Jo's belief that "we have more in common than that which divides us".

See you there!

Councillor Paul Reedman

Ruddington Open Gardens: 23th & 24th June

Come and have a wander around the village and visit the open gardens, allotments and other attractions planned for the weekend of Saturday 23rd and Sunday 24th June, from 2pm to 6pm. All proceeds from this event will go to Save the Children and Action for Children.

Open Gardens programmes will be available in advance from Thomas James Estate Agents on the High Street, from 9th June.

These will cost £3 per adult (accompanied children are free). During the weekend itself, programmes will be on sale at Ruddington Co-op, any participating garden, the Methodist Church or the Framework Knitters' Museum at £3.50 per adult.

There'll be live music at the Methodist Church on both afternoons at 3.30pm and 4.30pm, and refreshments will be available in the Church Hall. An added attraction this year will be vintage bus rides around the village.

We have everything crossed for good weather and look forward to seeing you!

Jane Piggott

Why not make a day of it and attend both events? You could go to the Great Get Together first and then visit some of the Open Gardens later on!

Asher Lane appeal decision

This morning (Thursday 24th May) I was dismayed to read the decision by Planning Inspector, Nick Fagan, into the appeal against Rushcliffe Borough Council's refusal to grant planning permission for 175 new houses at Asher Lane, Ruddington.

Ruddington Parish Council has consistently opposed this development, reflecting the views expressed by residents and business owners in public meetings and online, and is very disappointed that the appeal has been allowed and that development will take place.

Ruddington Parish Council maintains that the building of 175 houses off Asher Lane, with the extra vehicles that this will inevitably bring, will place an enormous burden on our narrow roads.

Asher Lane is unable to cope with existing traffic levels and this decision will exacerbate that situation.

The installation of traffic lights in our historic conservation area at the High Street, Kirk Lane and Charles Street junction will have a serious, detrimental visual impact of our village centre and will have an adverse impact on trade for our shops due to the loss of parking.

Councillor Paul Reedman

Save our Lunch Club!

For 18 years now, some of the older members of our community have been meeting at St Peter's Rooms every Thursday for a Coffee Morning and Lunch Club. Sadly, these activities may soon come to an end.

Muriel Woodhead, 89, has organised the Lunch Club for many years, but due to recent ill health, has decided to finally retire. Another important volunteer, Anne Monk, is also leaving to support another project in Wilford.

Around 10 people attend the lunch club each week. Not only do they enjoy a meal, delivered piping hot and ready to serve, they also benefit from some lively conversation.

Regular social interaction is important for our wellbeing. Older people in particular can easily become socially isolated, which may then lead to depression.

Please get in touch if you think you may be able to help or if you want to find out more. Hopefully a few people will volunteer and the responsibility can be shared.

Many thanks to Muriel and Anne for their dedicated service over all these years.

Councillor Jill Reedman

(Email: jillreedman.rpc@gmail.com)

Ruddington Diary

Sunday 3rd June

Ruddington Footpath Preservation Group – Kinoulton to Stanton on the Wolds circular. Meet on The Green at 2.15pm

Monday 4th June

Ruddington Craft Group – Using Peel offs. St Peter's Rooms 10.00am – 12.00am. £3.00 – tuition, materials and refreshment are included in the cost. Newcomers are welcome to come and learn a craft, experience or expertise are not essential.

Tuesday 5th June

Rattle, Rhyme & Roll – Ruddington Library 11am – 11.30am. Free half hour fun session for babies & toddlers

Scrabble – Ruddington Library 2pm – 4pm
All abilities welcome.

Neighbourhood Plan Consultation Event – 3pm to 8pm at St Peter's Rooms. Meet the Neighbourhood Plan team, see presentations from consultation partners Urban Imprint, ask questions, and 'have your say'. Free refreshments will be provided.

Saturday 9th June

Wildlife Watch Group: "Dipping Delight" – 11am to 1pm. See what is lurking below the surface. Come face to face with some scary monsters. Part of 30 Days Wild in June. Meet at the Education Room, Rushcliffe Country Park. Members and non-members welcome. Under-8s to be accompanied by an adult. Suggested donation: £2 per session. For more information, please contact Geoff East on 07804 297 041 / geoff.east@virginmedia.com.

Neighbourhood Plan Consultation Event – 10am to 4pm at St Peter's Rooms. Meet the Neighbourhood Plan team, see presentations from consultation partners Urban Imprint, ask questions, and 'have your say'. Free refreshments will be provided.

County & Borough Councillors' Surgery – 10am to 12 noon at St. Peter's Rooms. This is your opportunity to speak with your Borough and County Councillors about local issues.

Tuesday 12th June

Environment & Policy Committee Meeting – at St Peter's Rooms commencing at 7.30 pm. All meetings are open to the public where you can raise your views on any agenda items.

Wednesday 13th June

W.I Meeting – "Medieval Food & Kitchen"
Speaker: Jan Reade at St Peter's Rooms, commencing 7.15pm.

Friday 15th June

Ruddington Business Partnership – FREE networking today and every 3rd Friday of the month, at The Ruddington Arms, 8am to 9am. Come along and meet other local businesses. No booking required.

Saturday 16th June

Wilwell Farm Cutting Nature Reserve Open Day – 10am to 4pm. We will be marking up a lot of the wildflowers found on this Site of Special Scientific Interest, as well as other features of note. There will be a number of guided walks round the reserve with Gordon Dyne and Tim Williams (or you can just follow our "nature trail").

Saturday 16th June cont.

British Legion Film Night – ‘Dad’s Army’ 7.15pm St Peter’s Rooms. Tickets £10 including pre-show refreshments. Tickets from Perkins (High Street, Ruddington) or Call: 07821 909 008 (limited availability)

If you’d like something included in The Rudd, please contact the Parish Council office.

The copy deadline for the next edition is 15th of the month.

Monday 18th June

Ruddington Craft Group – Rocker Cards. St Peter’s Rooms 10.00am – 12.00noon. £3.00 – tuition, materials and refreshment are included in the cost. Newcomers are welcome to come and learn a craft, experience or expertise are not essential.

U3A - 2pm at the Methodist Church. Kathy Powis will speak about the Framework Knitters Museum. Also updates on interest groups, refreshments and socialising.

Thursday 21st June

The Ear Foundation – Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. In St. Peter’s Rooms between 11.30am to 12.30pm. No appointment required.

Ruddington Folk & Blues Night – 8pm at The Country Cottage Hotel. Come and enjoy a free night of live music of all kinds in a relaxing atmosphere.

Saturday 23rd June

The Great Get Together – A community picnic on the Village Green, 12:30 to

3:30pm. Everyone in Ruddington, plus friends and family, is invited to take part. Bring food, a blanket and games if you like. There’ll also be music, tea, coffee and cake at St Peter’s Rooms from 2pm to 4pm.

Saturday 23rd & Sunday 24th June

Ruddington Open Gardens – 2pm to 6pm. All proceeds will go to Save the Children and Action for Children. Programmes are available from Thomas James Estate Agents from 9th June at £3 per adult and free for accompanied children. During the weekend, programmes will be on sale at Ruddington Co-op or from any participating garden, the Methodist Church or the Framework Knitters Museum at £3.50 per adult. There’ll be live music at the Methodist Church on both afternoons at 3.30pm and 4.30pm and refreshments will be available in the Church Hall. Heritage bus rides are a new attraction for 2018.

A large print copy of the Village Newsletter is available to read in the library.

Tuesday 26th June

Parish Council Meeting – at St Peter’s Rooms commencing at 7.30 pm. All meetings are open to the public where you can raise your views on any agenda items.

Wednesday 27th June

Ruddington Gardeners’ Association – “The World of Ferns” with Neil Timm at The Hermitage. 7pm for 7.30pm.

Local development plan published

The final consultation phase before rescinding substantial areas of Ruddington's Green Belt for new housing development began on 16th May with the publication of the Draft Rushcliffe Local Development Plan Part 2. This was approved at Rushcliffe Borough Council's Full Council meeting on 26th April.

At that meeting, all but one Councillor in the Chamber voted to go ahead with the publication of the Plan as drafted. All three of Ruddington's Borough Councillors approved the three final shortlisted sites on Ruddington's Green Belt to build around 350 homes. This was despite many residents and Ruddington Parish Council having grave concerns about the proposed development on the flood-prone fields west of Wilford Road.

The draft plan proposes 130 houses on land west of Wilford Road (previously 180 on RUD01), 50 houses at the old Eco-Plants site on Flawforth Lane (RUD05) and 170 houses on land opposite Mere Way (RUD13).

But it has now removed the proposed smaller scale site from Old Loughborough Road (formerly RUD11) and also spared the covenanted Sellers' Playing Field (removed from RUD01) after strong local opposition.

Local residents now have another six weeks to make suggestions or further express their concerns about the Draft Plan, either in writing or at the Borough Council website, before final decisions are made.



Printed versions of the Draft Plan – which covers sites for a total of 2,700 Green Belt homes bordering villages across Rushcliffe – are also available from Ruddington Library.

After this six week representation period, the Plan and comments received will then submitted for examination by a Planning Inspector. It's thought the Local Plan Part 2 could be adopted as early as December this year.

If you'd like to make a comment or suggestion on the Draft Plan, you'll need to submit it to Rushcliffe Borough Council no later than 5pm on Thursday 28th June.

The Parish Council will be discussing its own response at the Parish Council meeting on Tuesday 26th June.

Graham Wright via RUDDINGTON.info

Events at GCRN

GCRN are set to have a bumper month with two special events planned on top of their normal services at the weekend.

On Saturday 17th June, a special Father's Day event will take place, featuring heritage diesel services. If your Dad's into trains, why not take him along and enjoy the sights and sounds of yesteryear together? Services depart at 10:30am, 12:15pm, 2pm and 3:45pm.



Saturday 30th June and Sunday 1st July will see the return of GCRN's popular Model Rail Show, which includes heritage diesel services on the Saturday and steam trains on Sunday.

The event runs from 10am to 5pm and costs £12 per adult and £6 per child. Family tickets are available for £30.

For more information about both events and to book tickets, visit www.gcrn.co.uk.

Faye Stenson

Wilwell Cutting Open Day

Feel like getting some fresh air and learning something about your local wildlife? Saturday 16th June is the Wilwell Fam Cutting Nature Reserve Open Day. From 10am till 4pm, we'll be marking up a lot of the wildflowers found on this Site of Special Scientific Interest, as well as other features of note. You'll also find our nature table in residence along with leaflets about other local nature reserves.

There'll be a number of guided walks round the reserve with Gordon Dyne and Tim Williams, or you can just follow our "nature trail" if you prefer. Either way, you'll see an impressive display of wildflowers including our Southern Marsh Orchids. The reserve is located between Wilford and Ruddington, near the ring road bridge. Coming from Ruddington, head towards Wilford and look out for the Open Day signs on the left just before the bridge. You'll find plenty of car parking at the entrance to the Nature Reserve.

The Open Day is part of a programme of wildlife walks and site visits put on locally by Notts Wildlife Trust. For more information, go to www.southnottswildlife.org, then click on the Diary tab and select "Out & About".

Gordon Dyne

James Peacock Educational Foundation

James Peacock was born in Ruddington in 1585, leaving for London when he was 14 years old, where he became a highly successful leather merchant. He made an endowment in his will of a farmhouse in Ruddington to be used as a school for boys of the village and appointed Trustees to manage his legacy.

Today, James Peacock Educational Foundation continues this tradition as a Charitable Trust. Each child who lives in Ruddington is eligible, at the age of 11 years, to receive a gift from the Trust in the form of a book, calculator and dictionary.

Do you know any young person whose birthday is between 1st September 2006 and 31st August 2007 who lives in Ruddington but attends a school outside the parish?

The Trustees of the James Peacock Educational Foundation are aware of the eligible children attending St Peter's School, but don't have details of those young people living in the village but attending schools elsewhere.

We'd like to ensure that all eligible young people in Ruddington receive their gift from the Foundation. If you're aware of a child born between these dates, then please make a

written application giving their name, date of birth and school attended to: Mrs K Robertson (Secretary), 15a Kirk Lane, Ruddington, Nottingham NG11 6NN, no later than Monday 18th June 2018. (Please note that applications received after this date cannot be considered.)

Parking update

The April 2018 traffic patrol stats for the village were:

- 480 visits
- 1,009 observations
- 35 penalty charge notices

The very high number of observations is doubtless due to us having more visits than normal (295 in March). However, it's also yet another indication that illegal or thoughtless parking is an ever-increasing problem in our village.

April crime figures

For April, these were as follow:

- 5 x theft from vehicle
- 2 x theft of car
- 1 x theft of van
- 2 x car break-ins, nothing taken
- 3 x drive-off from the petrol station
- 2 x burglary
- 2 x attempted burglary
- 2 x criminal damage

- 2 x number plate theft

These two are additional reports from March 2018:

- 1 x theft from vehicle
- 1 x robbery

For crime prevention advice, please visit www.nottinghamshire.police/advice.

U3A has arrived!

Monday 21st May saw the Inaugural meeting of the new U3A for Ruddington & District. The Methodist Church was busy with interested retired and semi-retired people socialising and selecting possible interest groups to get involved with.

83 people signed up to become members at a cost of £20 a year, and several took membership details away



with them to share with friends.

The Steering Committee, of which I am one, would like to thank everyone for their enthusiasm.

We'll now meet on the third Monday of each month at 2pm at the Methodist Church. The format for these general meetings will be a

speaker, updates on interest groups, refreshments and time to socialise.

We'd like to thank our local Co-op who very kindly provided the refreshments for our inaugural meeting.

The next meeting is on 18th June when the Framework Knitters' Museum will be the subject of a talk by Kathy Powis.

The aim of the new U3A venture in the village is "to enable members to enrich their lives with new skills and experiences, pursue their interests, form new friendships and enjoy a sense of belonging to a vibrant community." Please feel free to come along and find out more at the next meeting.

Barbara Breakwell

Carers' Federation

Are you caring for a family member who'd struggle without your support?

You can access information and support through your medical practice or by contacting Margaret (Maggie), our support worker.

You can speak to Maggie by calling 07739 237 443 or she will be in Ruddington Medical Centre on the first Tuesday of each month between 11am and 12noon.

Alternatively, if you need help or support, you can speak to nurse Jo Sansome who is the Carers' Champion for our practice.

A tank on the High Street?

We're all now familiar with Rushcliffe Country Park as a recreational facility, but years ago, it was literally a very different place.

During the Second World War, the area housed an Ordnance and Supply Depot. Just after the war, the site was used for Ordnance Storage and Disposal.

Then in 1946, they began to hold auctions to sell off surplus war equipment, including cars, heavy machinery, motorcycles and miscellaneous items like boots, binoculars and even razor blades!

The auctions attracted buyers from all over the UK and abroad. Whilst the sales were on, the village was a hive of activity, with goods and buyers coming and going. Apparently two cars used in the Great Train Robbery in the 1960s were bought at one of the auctions!

35 years ago, on 13th June 1983, the last auction was held. It went on for five days and more than 2,300 vehicles were sold. After that the area was left unused until work began to create the Country Park we know today.

Barbara Breakwell

P.S. "Bombs to Butterflies," edited by Margaret Lawson, is a great book that charts the history of this area of the village.

Meet the...local hardware store

This is the first in a new series of "Meet the..." articles about our local shops, researched and written by Councillor Sarah Godfrey.

Our local hardware store is Perkins on the High Street and is run by Helen and Simon Beal. The shop sells a wide range of hardware and DIY products and also offers key cutting, shoe repairs, tool sharpening, lightbulbs, kitchen-wares, plumbing and electrical items, gardening and pet supplies.



Visitors to Perkins can also enjoy their fabulous window displays and the friendly and knowledgeable service provided by the dynamic DIY duo.

This July marks 10 years since the Beals were handed the keys to Ruddington's popular hardware store. Before that, Helen's parents, the Perkins, ran it for 23 years.

I met up with Helen and Simon to ask them a few questions.

Q: What did you both do before this job?

A: Simon was a dental technician and Helen did Conveyancing.

Q: what is your best seller?

A: Bird food.

Q: Has anyone asked you for four candles?

A: About once a week!

Q: What's the strangest request you have had?

A: "Can you fix my ferret finders?" Simon was able to oblige. The customer was very happy and brought us a rabbit as a thank you!

Q: Who makes the tea?

A: Simon. We'd go thirsty all day if it was left to Helen.

Q: Where do you go for lunch? (We love that you close for lunch!)

A: We go home to feed the chickens.

Q: What's the best season for your shop?

A: Spring and Christmas, unless it snows very heavily and that will be our best day of the year (we sell sledges).

Q: If you could run any other shop what would it be?

A: A chocolate shop sounds quite good but we'd probably end up eating it all!

Q: what do you like most about Ruddington?

A: The people – we wouldn't want our shop to be anywhere else.

Happy 10th anniversary to Perkins! We're looking forward to your celebratory window display.

Councillor Sarah Godfrey

It's never too late to learn to dance!

K2 Dance Academy is delighted to be one of the first licensed Silver Swans dance providers in the area!

Developed by the Royal Academy of Dance, this programme is based on research into dance practice for older learners and classes can only be taught by Silver Swans licensed teachers.

Whether you've never danced before or want to get back into the swing of it, our Silver Swans classes have something for everyone. It's never too late to shine!

Our ballet classes are designed for over-55s (although anyone is welcome) and will help keep you fit and active. This programme can only be taught by Silver Swans licensed teachers like us.

Classes run on Fridays at 2pm in Ruddington Village Hall. To book your place, email kara@k2danceacademy.co.uk or call 07939 435 839.

NG11 Foodbank supports Ruddington

Over the years, the Ruddington community have provided incredible support for the NG11 Foodbank, with gifts of food and toiletries made to donation points across the village. In the last year alone, for example, Co-op shoppers donated almost 2000kg; the children of James Peacock School collected nearly 200kg for their Harvest Festival; and recently, Sainsbury's have been donating their surplus fresh and baked produce for next-day distribution. Thanks to this amazing generosity, the Foodbank was able to help 1,427 people in the NG11 area in the last 12 months alone.

But did you know that NG11 Foodbank supports Ruddington residents too? A recent YouGov survey showed that over 8 million people in the UK couldn't pay their rent or mortgage from their savings for more than one month. NG11 Foodbank statistics show that many clients in the area continue to be affected by insecure employment, low wages, benefit changes, and the rising cost of living.



Perhaps your own family is struggling to put food on the table, or you know a neighbour who is. Access to Foodbank support is provided by a simple and discreet voucher system, and here in Ruddington, the Baptist Church on Musters Road is one such referral agency. Simply contact the Baptist Church on 0115 984 6833 to discuss your situation, and receive a voucher to redeem at the Foodbank for a three-day, nutritionally balanced food parcel for you and your family.

You can find the NG11 Foodbank at the Hope Centre, Southchurch Drive, Clifton on Tuesday and Saturday mornings. Visit them online at www.cliftonng11.foodbank.org.uk, or search "NG11Foodbank" on Facebook and Twitter.

Mark Pinks

Edited and produced by Ruddington Parish Council

Tel: 0115 914 6660 **Email: office@RuddingtonParishCouncil.gov.uk**

Website: www.RuddingtonParishCouncil.gov.uk

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