

Ruddington Parish Council

VILLAGE NEWSLETTER

Wheelchair Tennis Player James Shaw Serves Ruddington Building Society a Visit

Local SportsAid star James Shaw popped into Ruddington Building Society to meet the team and find out about the branch's 2015 fundraising. The team are supporting the tennis player through the charity SportsAid. 19 year old James is currently in the top 5 senior players in the UK with a world ranking under his belt so definitely 'one to watch' this year.



Staff Richard Copestake and Jessica Gee told James about their fundraising plans and found out a bit more about the sport. Senior Customer Adviser Richard says 'It was fantastic to meet James today! As well as a triathlon and 'Pretty Mudder' challenge, we've also got lots of events to look forward to in the village that we'll be putting our tennis-spin on.'

Ruddington's James says 'I would like to thank Nottingham Building Society for their support this year. I have really in-

creased my competitions this year to improve my rankings and as well as helping with training costs, it will also go towards a new chair.'

Part of the current Team GB line up, James has several international appearances scheduled for 2015 including the British Open in Nottingham in June as well as traveling to Israel, Poland, Czech Republic and Austria to compete. Aiming to improve his senior ranking this year, James is on track for Tokyo 2020.

Would you like to sponsor the Village Newsletter?

Contact the Ruddington Parish Council office,
St. Peter's Rooms, Church Street, Ruddington, Nottingham NG11 6HA.
Tel: 0115 914 6660
Email: office@RuddingtonParishCouncil.gov.uk

White Horse Car Park



Many residents know that the Parish Council are renting part of the White Horse Car Park for public parking. This is **only on the left** as you drive in; Monday – Saturday, 9 - 5. If you do use the car park and don't go in the pub please make sure you park on the left hand side. The other side is only for people using the pub. It is not fair on the White Horse if people cannot park in these spaces when they use the pub.

Many thanks,

Gary Long, Clerk to the Council

AskRuddMums

www.askruddmums.com - The website, dedicated to the community and enrichment of Ruddington. *Our community coming together and prospering by using local services, groups and businesses.*

The Ruddington Mums Facebook group has gone from strength to strength over the last 3 years, used regularly by many and followed by nearly 1,200 people. **What started out as a little idea back in 2011 has grown into something never imagined, from a Facebook village noticeboard into a thriving online community.**

People are always asking questions such as ... where can I find a mobile hairdresser? Does anyone know a good plumber? What baby groups are on where? Businesses started to use the

page, sharing their services, offering advice and help where they could and gaining new customers. There have been many posts advertising, recommending and requesting business details on the page.

But then the cracks started to emerge. The Facebook page just couldn't cope with the traffic. There was just too much going on. It became difficult to sift through the information to help each other out properly, to refer to the glowing recommendations, to keep on top of what was recent and relevant. People were struggling to even find their own post that had been shared and to check what others had commented on it as it was buried under many more. We'd outgrown our Facebook page ☹️

So the problem needed fixing. A new website has been created, (by Miss Ruddington Mums) to keep you up to date on what's happening when, in and around Ruddington and to make it easy for you to find local businesses and services. Every time an #askruddmums query is posted on the Facebook page now, the website details will appear. This new platform means it's easier to find information immediately. And with features for businesses, like ratings, recommendations and testimonials, it's easier than ever to leave a mark to help others further down the line.

It is free for any charities/not for profit businesses/groups to advertise, just get in contact and you will have your mention or even your own free page on the site. If you're a business wanting to advertise, a customer looking for help, or a community group looking to publicise your events, just #AskRuddMums.

Visit the website and get in contact.

Ruddington Garage Sale Safari

Clear out your clutter and join in the Ruddington Garage Sale Safari on Sunday 7 June from 11am-2pm.

A Garage Sale Safari is when as many people as possible hold a sale at their home on the same day. It is your chance to declutter without having to get up at the crack of dawn, load up your car, use valuable fuel and stand in a field. You can either hold a stall, wander around the village to bag a bargain, or both.

The event is being jointly organised by the Friends' groups at James Peacock Nursery and Infant School and St Peter's Junior School, and by taking part you'll be raising funds for both schools, as well as generating some cash for yourself.

Booking forms for a stall are available on both school websites or from Perkins Hardware on the High Street. Stalls cost £6 to run, and your address will be put on a list for shoppers to access.

Please have your booking forms in by Thursday May 21st.

Kay Garrett

Get knitting for Woollen Woods

Do you like to knit, crochet or sew? Then you'll want to get involved in Woollen Woods, a nationwide community craft project that's coming to Rushcliffe Country Park in May. The project, which forms part of Voluntary Arts Week, aims to create a giant outdoor art installation in the park from an amazing display of knitted, crocheted or felt items.

Local crafts enthusiasts are asked to follow the theme of 'the birds and the trees' when thinking up designs for the event, which will be one of just five Woollen Woods throughout the whole

country. The installation will be on show at Rushcliffe Country Park between 15 and 24 May 2015.

The Framework Knitters Museum, one of the project's partners, has already held a successful craft day during the Easter holidays. The event saw an array of stunning woollen flowers being produced on the museum's hand-knitting machines, along with a selection of felt items made by the younger children.



There's still time to make your own contribution to Woollen Woods, as the deadline for handing in your creations is Tuesday 12 May. Simply take them to the Rangers' Office at the Country Park or hand them in to the Framework Knitters Museum on Chapel Street. For woolly inspiration, submission forms and links to free patterns, please visit www.voluntaryartsweek.org.uk/notinghamsire-woollen-woods.

Faye Stenson

RuddFest is Coming!

The end of this month heralds Ruddington's eagerly awaited annual beer festival!

"RuddFest 2015" will run from noon each day from Thursday the 28th to Sunday the 31st of May at the White Horse, Red Heart, Victoria Tavern, Three Crowns & Bar Six (on The Green).



After last year's success the marquee on the Village Green will return to supplement the pubs' activities and to enable a range of over 150 beers and ciders. Food will be on offer at most venues including The White Horse selling their new pizzas by the slice, Lindsey's mushy peas at the Vic, a BBQ at the Red Heart and Bar Six's "Tapas in the Tent"! The White Horse and Red Heart will be the main venues for some "live" music acts throughout the 4 days.

One of the organisers, Andy Hunt, told us *"This year we hope the village will come and enjoy the event as they did last year. We hope to grow the festival more and more each year and we have certainly managed this again this year with more beer and more going on around the pubs taking part. We have had so many good comments about last year's event."*

And THIS year you can even pre-order your own "RuddFest 2015" T-shirt or polo shirt! Keep an eye out on social media for details...

Graham Wright

The Body Centre

This is the new name for the former Young People's Centre on the Green as it is a Centre for everybody. It will be a venue for events, training and fitness classes from Piloga to Pump FX.

Rachel and Ryan Charlesworth, who are village residents, are utilising their respective backgrounds in Fitness and Sports Therapy and the Leisure industry to bring this new facility to our village. For the last 2 years they have been running Project Body UK and can be seen regularly holding classes and offering Personal Training on Rushcliffe Country Park as well as running Kidzamps in both Ruddington schools.

The building will house a gym and multi use spaces. The Hall area will continue to be used by the Baptist Church, Surestart and the Table Tennis Club as well as for fitness classes and be available to hire locally for private functions.

Following on from the refurbishment of the football pitch led by Cllr Reg Adair, the football/basketball pitch will also be available for the Ruddington Youth Project and private hire.

In the autumn, Youth Services, which will be re-named Ruddington Youth Project (RYP), will be re-established on 3 nights over the week. They will utilise both the main building and a new "building" which will be positioned in the outdoor space at the back of the Centre.

With the opening of the new gym, Youth Gym facilities will also be offered. RYP are keen to meet members of the local community who would be interested in being involved as volunteers and training will be made available where required.

If interested please mail
rachel@projectbodyuk.co.uk

RYP are also looking for local businesses to support and come in to showcase their business to both educate and involve RYP within the local working community. If this may be of interest to you please do get in touch.

As parents of 3 young children themselves Rachel and Ryan are keen to promote healthy lifestyles for all. Their after school Kidzcamps for children aged 4, that have proved so popular at the village schools, will be another attraction at the Centre.

This venture will breathe new life into a building situated in the centre of our community and there will be an opportunity for everyone to attend their official opening. Watch for details.

Barbara Breakwell

Great Wall Walk

My name is Dave Relph I came to live in Ruddington in 1967 many years ago! I am going on a challenge to the Great Wall of China to raise money for a charity that I helped set up – the East Midlands Breathing At Home (EMBAH) for people who need ventilators to breath, mostly at night but are well enough to be at home.

My wife was taken ill 4 years ago with swine flu which led to many complications and meant she was in QMC for 4 months. Luckily she survived against the odds due to the care received in H.D.U and Intensive Care. This is where the charity began, to help others too.

Back to the challenge! We departed on Easter Saturday 4th April and had been training since before Christmas but I don't think anything could really prepare

us for what was ahead, especially as I am in my 70's, but what an amazing challenge!

Arriving in Beijing the adventure began. Some of the walk involved trekking on an un-renovated part of the wall little visited by tourists. Trekking for 6-8 hours daily with many climbs and steps.



The places visited were Badaling Great Wall, Black Dragon Pools Gubeikou Gateway, Jinshaling Loop and the Mutianyu section where the Heavenly Stairway is probably the toughest accent of them all.

This challenge I set myself is far the most demanding ever but I hope to raise lots of money for the Charity, I am totally self-funded so every penny will go to EMBAH. If you would like to donate please feel free to contact me at 12 St Marys Crescent, NG11 6FQ, tel;07896225605, or justgiving page <https://www.justgiving.com/sheila.relph/>

Thank you.

Dave and Sheila Relph

If you would like something included in the Village newsletter please talk to the Clerk or Deputy Clerk.

The copy deadline for the next edition is 15th May.

Ruddington Diary

May 2015

Friday 1st - Monday 4th May

2015 Flower Festival- Ruddington Methodist Church, all proceeds for the Lincolnshire and Nottinghamshire Air Ambulance and Rainbows Hospice. Admission £3. 1st, 2nd & 4th May 10.30am to 5pm. 3rd May 2pm to 5pm.

Sunday 3rd May

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Footpaths Walk - Ruddington Footpaths Preservation Group. "Bunny Woods (Old and New) returning via Ash Lane". Meet on the Green at 2.15pm.

Sunday 3rd & Monday 4th May

Edward the Bear Specials - meet GCRN's very own Edward the Bear whilst enjoying a heritage steam/diesel train ride. Includes sweets, drinks and a bear hunt with prizes www.gcrn.co.uk

Monday 4th May

Workers' Playtime - A traditional May Day holiday set in a Victorian setting. At the Framework Knitters Museum 11am to 4pm. Family tickets £10 call 0115 984 6914 to book.

Wednesday 6th May

Ruddington District Probus Club - "The Golden Age of Radio" by Roy Woodward. At Ruddington Golf Club at 12noon.

Alpha Course Week 8 - 7.30pm at The Hub, 62 Musters Road, NG11 6HW. Contact 07804 590 002 or email ruddalpha@yahoo.co.uk.

Saturday 9th May

Parish Council Surgery. 10am to 12 noon at St. Peter's Rooms. This is your opportunity to speak with your Parish, Borough and County Councillors about local issues.

Sunday 10th May

Bowls Open Day - Loughborough Road 2.30pm to 5pm, all welcome!

Tuesday 12th May

Scrabble - In Ruddington Library 2pm to 4pm. All players welcomed.

Wednesday 13th May

Ruddington W.I.- "Resolution Meeting", entertainment "Spell Well" at St. Peter's Rooms at 7.15pm.

Alpha Course Week 8 - 7.30pm at The Hub, 62 Musters Road, NG11 6HW. Contact 07804 590 002 or email ruddalpha@yahoo.co.uk.

Friday 15th May

Ruddington Business Partnership - FREE networking today and every 3rd Friday of the month, at The Ruddington Arms, 8am to 9am. Come along and meet other local businesses. No booking required.

Keyworth & Ruddington Inner Wheel Club - "Beetle Drive" at St. Peter's Rooms 7pm to 9.30pm.

Saturday 16th May

Ruddington & District Choral Society - a St Giles' Church, West Bridgford at 7.30pm. Tickets available from Perkins Hardware, £9 including refreshments.

Sunday 17th May

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Ruddington Fun Day - At GCRN. Featuring heritage steam/diesel train services, bus rides, fairground, stalls, live music and more.

Tuesday 19th May

Annual Parish Council Meeting - at St. Peter's Rooms commencing at 7.30 pm. All meetings are open to the public where you can raise your views on any items on the agenda.

Thursday 21st May

Ear Foundation - Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. In St. Peter's Rooms between 11.30am to 12.30pm. No appointment required.

Saturday 23rd May

Wildlife Trust - Spring Fair at St. Peter's Rooms 9.30am to 12 noon.

Wednesday 27th May 2015

Ruddington Gardeners' Association. An illustrated lecture by David Russell entitled "Joan's Secret Garden", followed by complementary refreshments. The Hermitage, 7.00pm for 7.30pm.

Friday 29th May

Ladies Lunch - at the Country Cottage 11.30am to 3pm.

June 2015

Thursday 4th June

How We Beat Cancer - Research and experience based seminar by Dr Patrick Kingsley. At St. Peter's Church, 7pm to 10pm www.cancer-acts.com

Sunday 7th June

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Footpaths Walk - Ruddington Footpaths Preservation Group. "Radcliffe to Shelford & return - along River Trent". Meet on the Green at 2.15pm.

Tuesday 9th June

Scrabble - In Ruddington Library 2pm to 4pm. All players welcomed.

Saturday 13th June

Parish Council Surgery. 10am to 12 noon at St. Peter's Rooms. This is your opportunity to speak with your Parish, Borough and County Councillors about local issues.

Thursday 18th June

Ear Foundation - Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. In St. Peter's Rooms between 11.30am to 12.30pm. No appointment required.

Friday 19th June

Ruddington Business Partnership - FREE networking today and every 3rd Friday of the month, at The Ruddington Arms, 8am to 9am. Come along and meet other local businesses. No booking required.

Sunday 21st June

Tea, Coffee & Cakes - at the Education Room (near the lake), Rushcliffe Country Park from 10am to 3pm. In aid of FoRCP.

Wednesday 24th June 2014

Ruddington Gardeners' Association. An illustrated lecture by Geoff Hodge entitled "Happy House Plants", followed by complementary refreshments. The Hermitage, 7.00pm for 7.30pm.

James Peacock Educational Foundation

James Peacock was born in Ruddington in 1585, leaving for London when he was 14 years old where he became a highly successful leather merchant. He made an endowment in his will of a farmhouse in Ruddington to be used as a school for boys of the village and appointed Trustees to manage his legacy.

Today, the James Peacock Educational Foundation continues this tradition as a Charitable Trust. Each child who lives in Ruddington is eligible, at the age of 11 years, to receive a gift from the Trust in the form of a Bible, calculator and dictionary.

The Trustees of the James Peacock Educational Foundation are aware of the eligible children attending St Peter's School but do not have details of those young people living in the village but attending schools elsewhere. We would like to ensure that all eligible young people in Ruddington receive their gift from the Foundation.

Do you know any young person whose birthday is between 1st September 2003 and 31st August 2004 who lives in the Parish of Ruddington but attends a school outside the parish?

If you are aware of a child born between these dates, then please make a written application giving the name, date of birth and school attended to:

Mrs K Robertson (Secretary), 74 Musters Road, Ruddington, Nottingham NG11 6HZ no later than FRIDAY 19TH JUNE 2015 (Please note that applications received after this date cannot be considered).

Butcher's Nuptials

Customers of Ruddington Butchers may be interested to hear that former owner Stewart White has just got married!

It was only three months ago that Stewart left butchery to start a new life with girlfriend Jennifer Murray in St Helen's – but already the two have tied the knot. Their wedding ceremony took place on Saturday the 11th of April at "Benjamin's" in Halesowen (*pictured*).



His former shop manager Shane Ginty took over the running of the successful Ruddington business – and tipped us off about this good news. We wish Stewart and Jennifer all the very best for the future!

Graham Wright

Councillors and Co-options

Ruddington has 16 parish councillors in 4 wards of 4. 13 names were put forward for the elections on 7th May. Since no ward had more than 4 nominations these 13 are 'elected unopposed'. They will take up office during May. They are:

Camelot Ward: Stephen Kirby and Marion Pell.

Easthorpe Ward: Ken Piggott, Marilyn Robinson, Surinder Kaur Samra and Nick Tegerdine.

Flawford Ward: Annette Auckland, John Noble and Helen Opie.

Manor Ward: George Ellison, David Hall, Martin Walsh and Allen Wood.

The Parish Council will be looking for 3 more parish councillors during May/early June. If you might be interested contact the Parish Council office.



9 people have been put forward for the 3 Borough Council places so you can vote for them on 7th May and, of course, 5 people want to become our MP in the General Election.

Grab Your Flip Flops or Old Slippers

Ruddington Bowls Club invites people interested in taking up bowls to their **free Open Day on Sunday 10 May 2015 from 2.30pm to 5pm at their Elms Park base in Ruddington**. Folks will be able to try their hand at bowls, hear about the club, plus enjoy refreshments and cake to mark their 91st year.

Those who like their free session on the Open Day will be invited to take up a **New Member offer. For only £5 people can enjoy 4 coaching sessions with qualified coaches and up to 6 informal games with members. All equipment is provided free for the trial and if the person likes the club, the £5 comes off their**

membership! All the club asks is people wear flat smooth soled shoes with no heels (hence flip flops or old slippers might suit the purpose) in order to protect the greens.

Club Secretary Brian Tolley said: "We have a lovely club, in a fabulous setting with a caring and mutually supportive membership. The fact is the game is great / easy to learn – but, the real dividend comes through the friendships and companionship developed within the membership. We have all kinds of folks getting along and would love to welcome more".

Bowls season runs May through to September and the game itself is very affordable and easy to pick up. For those who are not really competitive and just want social games, there are weekly informal club roll ups, and no less than 20 friendly non competitive games on our fixtures card to be enjoyed.

For the more competitive there games available just about every day of the week. (Evening league games 6.30pm starts and also games staged in the afternoon). There are games for male, female and mixed teams – a great range of formats to choose from.

Brian added: "Bowls can have a stuffy image, but, generally we play in casual clothes for non competitive games. There is something for folks of all levels of ability and the physical demands are not that great. So, why not join us in the sun and make some new friends?"

To find out more contact Brian on: 0743 405 6176, e-mail: rudd.bowls@ntlworld.com or see our website: www.ruddingtonbowls.webspace.virginmedia.com

FAMILY FUN DAY



In aid of **Faith in Families** charity

Sunday 17th May 2015

10:00am - 5:00pm

at The Great Central Railway

Mere Way, Ruddington, Nottinghamshire. NG11 6JS



2 ADULT
FAMILY TICKET
inc TRAIN RIDE
£30-00
3 CHILDREN

1 ADULT
ADULT TICKET
inc TRAIN RIDE
£12-00
1 ADULT

1 CHILD
CHILD TICKET
inc TRAIN RIDE
£7-00
1 CHILD

1 ADULT
ADULT TICKET
ENTRANCE ONLY
£5-00
1 ADULT

1 CHILD
CHILD TICKET
ENTRANCE ONLY
£2-50
1 CHILD

ATTRACTIONS

- Train Ride (see ticket prices) departs 10:30am-12:30pm-2:30pm-4:30pm
- Steam & Diesel trains
- Heritage Buses
- Model railway and ride-on model railway
- Food Stalls
- Cafeteria
- Beer Tent
- Fun Fair Rides
- Craft & Charity Stalls
- Vintage and Classic Motorbikes
- Classic Cars



Event being opened by
Faith in Families Patron
Nottingham's own
Ice Dancing
World Champion
Jayne Torvill OBE

Discounts available if booked in advance at www.bit.ly/FamilyFunDay2015
for more information contact FamilyFunDay@nottinghamshiremasons.co.uk

70th Anniversary of VE Day.

On the 8th May 1945 VE Day marked the end of hostilities and heralded the end of WW2 in Europe.

Now 70 years on it is only fitting that we should remember all those that gave their lives across the World in order for Europe to return to a free and peaceful society after more than 5 years of conflict. Here in Ruddington to mark this event a short service of Reflection will be held on Sunday 10th May at 7pm at St Peters Church to which everyone is invited.



In Ruddington we remember 27 servicemen and 1 woman on our War Memorial. We have some details about all except 7 of them. We are appealing for help to fill in details about the missing casualties. Listed below are the names that we are asking for details of: Norman Clarke, Kenneth S Cowley, Philip Chapman, Albert Stanley Grove, George E Parker, Sydney Thompson, Richard M Tilley

If you have any information about them please contact Marilyn Parker email marilyn@larryparker.eu or George Fearn Tel: 0115 9213556 on behalf of Ruddington & District Branch RBL

Two choirs come together for a Spring Concert

Ruddington and District Choral Society and Burton Joyce Choir are coming together to perform some well loved works: Faure's 'Requiem' and an arrangement of folksongs from our islands, put together by John Rutter in a 'Sprig of Thyme'. Other works will include Faure's 'Cantique de Jean Racine' and anthems by Rutter.

The concert will be on Saturday 16th May at 7 30 pm at St Giles Church, West Bridgford, NG2 6AY. The conductors are Nick Milburn and David Woodhouse. Tickets are £9 including refreshments and are available from Perkins Hardware, Ruddington and choir members (0115 9211451 or 9313331)

"Dogs just want to have fun"

We as a community are fortunate to have the Rushcliffe Country Park literally on our doorstep. This area provides a setting for walking, exercise and recreational activities. It is appreciated by young and old alike and is also a popular venue for dog owners to exercise their dogs.

Within the park there are various "fun" activities for humans including the play areas, outdoor gym, skate park and BMX Track. Now plans are under way for a "fun" area for the canine visitors.

A local resident, Mike Chadwick, suggested the idea of a Dog Activity Trail. There is a similar one at Coatham Community Woodland in Teeside.

The Park then asked dog owners what they thought and the outcome was a unanimous agreement that it would be a good addition. An area was chosen and

a plan was drawn up. Work has begun with the planting of a boundary hedgerow for the proposed area courtesy of the Woodland Trust and a dog bin has been donated by Glasdon UK.

Now the drive is on to raise the £3000 needed to install the features for the dogs, with their owners, to enjoy. These will include jump over hurdles, table tops, woody weaves, tunnels and a log walk. When completed it will be named Copper's Dog Activity Trail in memory of Copper who belonged to Zoe, one of the Rangers.

Sue Wilding and Chris Prokaza (regular dog walkers at the park) are leading the fundraising for the project. Planned events include a Tea/ coffee, cakes and Tombola event on **Sunday May 24th 9am till 3pm** at the Visitor Centre. A raffle is planned for the summer and donations are welcomed. Mike, who suggested the idea, will be helping to build and maintain the Trail. Any other offers of help will be gratefully received. If you would like to support this new initiative contact the Ranger's office.

Barbara Breakwell

A large print copy of the Village Newsletter is available to read in the library

Run out of medicine at the weekend?

Your pharmacist may be able to help with an emergency supply.

Did you know if you run out of medicines at the weekend, you may not need to wait for an out of hours' doctor to write you a prescription?



"Five days' supply of most medicines can be issued by your community pharmacist at weekends when your doctor's surgery is closed," says pharmacist Emma Anderson, who is based at Manor Pharmacy on the High Street. "If you do not pay for your prescriptions this service is free of charge.

"To give you an emergency supply of your medicines, we need you to come to the pharmacy in person. It is helpful if you bring an empty medicine box or a repeat prescription request form with you. Unfortunately 'controlled drugs', which include strong analgesics and some sleeping tablets, are not included in the scheme.

"We may also be able to supply patients who have had medicines prescribed by doctors in other parts of the UK."

Kay Garrett

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