

# THE RUDD

## Ruddington's big knitted scarf!

Given Ruddington's famous framework knitting heritage, what better way to showcase our village to the world than by displaying a giant knitted scarf created by its residents on a vintage circular sock knitting machine dating from 1860?



At least, that's what Framework Knitters' Museum Assistant, Helen Brownett, thought when she came up with the idea! Helen says: "I do make quite a few scarves for the different events we have around the museum, to string up across the buildings and in the workshops. So 'a scarf along the street' came into my head as a way of greeting the

riders in the Tour of Britain. In the 19th century, half the Ruddington population were knitters, so it just seemed quite appropriate."

This most "Ruddington" of creations is, of course, to be put up along the route that 120 of the world's top riders will be taking through our village during the penultimate stage of this year's OVO Energy "Tour of Britain" cycle race on Saturday 8th September.

Continued inside

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These will include Tour de France winner Geraint Thomas and fellow Brit Chris Froome – racing together in this prestigious event for the first time since 2009. Between now and then, visitors to the museum are getting the chance to sit and turn the mechanical handle to knit their own section of the unique scarf in their chosen colours – although there’s a deliberate predominance of yellows to match the overall cycling theme.

“On the day, the scarf will be put into The Frame Breakers pub – still attached at one end to the machine – go out of the door and be draped along the High Street” explains Helen. Everyone’s handiwork is likely to be seen by a global TV audience of millions. Museum Manager and Curator, Nicola Wood, told us that by 23rd August, the scarf had already reached an amazing 300 feet!

“By the time of the cycle race, we expect it to stretch even further! We’ve had people from as far afield as China turning that wheel and helping create it. If you want to come along and join in making the knitted scarf there’ll be no museum entry fee – just let them know at reception and we’ll bring you in to have a go!”

You can knit a section of scarf at any time during the museum’s opening hours, up to and including Friday 7th September.

For full details of the Tour of Britain cycle route – and other ideas of how to get involved – you can go to [www.rushcliffe.gov.uk/tob](http://www.rushcliffe.gov.uk/tob).

Graham Wright via [RUDDINGTON.info](http://RUDDINGTON.info).

## **Cheque presentation to Bloomin’ Dementia**

Bloomin’ Dementia is Ruddington Parish Council’s nominated charity this year. The raffle at the Summer Fayre raised a total of £521.18 for the charity – a fantastic result!

On Wednesday 1st August, four members of the Parish Council’s Events Sub-Committee handed over a cheque to Andy and Justin Hallam of Bloomin’ Dementia.



Pictured from left to right are Councillor Jill Reedman, Justine Hallam, Councillor Annette Auckland, Councillor Sue Matthews and Andy Hallam.

Not pictured is Councillor Paul Reedman, who kindly took the photo.

## Ruddington Bowls Club Fun Day

The Club wishes to thank those businesses in the village who were kind enough to donate prizes to be awarded at our annual Fun Day. Unfortunately, the weather was so bad on Saturday 29th July that the event has had to be postponed until the end of the season.

The Fun Day will now take place on Sunday 9th September.

The businesses we'd like to thank are: Amanda Findlay Eye Care, Martins Barbers, Phoenix Flowers, Jaspers Café, The White Horse Inn, Grange Bakery and Perkins Hardware.

Brian Tolley, Hon Sec,  
Ruddington Bowls Club

## 50 Objects from 50 Years

### Ruddington Village Museum's Anniversary Exhibition

A fascinating new one-day exhibition is coming to St Peter's Rooms that will show off unusual and rarely-seen objects from Ruddington Village Museum's collection, in celebration of 50 years of the museum.

One object will be displayed for each year of the museum's existence, with items ranging from two 17th century pewter plates found in the Methodist Chapel to a beautiful Edwardian Post Box-shaped money box (pictured opposite).

Many of the objects on display have a history tied specifically to Ruddington. And most have been kindly donated by local families, making this exhibit a celebration of the local area as much as one of the Village Museum itself.



This public exhibition will be open from 10am until 3:30pm on Saturday 22nd September, and is free to visit. Everyone is welcome, so do please join us.

Gavin Walker

## MacMillan Coffee Morning

A World's Biggest Coffee Morning in aid of Macmillan Cancer Support will be held at Shrimpton Court (off Elms Park) on Friday 28th September from 10am to 12 noon. As well as tea, coffee and biscuits, there'll be a Grand Raffle and a Cake Stall. Everyone is welcome, so come along and join us.

Christine Saxby

## Splendid Summer Fayre!

Despite another small event held in Nottingham on Saturday 21st July (Splendour), Ruddington Parish Council's third Summer Fayre provided an afternoon of excellent fun and entertainment for the village.

As the sun beat down on The Green, visitors were able to watch the live entertainment of "Ruddington's Got Talent" on the main stage. This included several great singing performances by Ruddington Community Choir, The Golden Oldies, and some very talented (not so old!) girls who also performed lovely solos.

Nara Belly Dancers were very impressive and their enthusiasm encouraged members of the public, including our Events Team Councillors, Jill Reedman and Annette Auckland, along with Borough Councillor Martin Buckle to take part!



The stage acts were then concluded with a lovely set by Debbie King and finally closing the show, The Pioneer,

Tony Woods. All the acts were introduced by our compere for the day, Andy Hallam, who also provided excellent music throughout the day.

In addition, our regular Punch & Judy performers gave several shows and entertained the children with balloon art. The children's fun fair rides proved very popular as well as the cute animals brought along by Fudge & Co.



We were pleased to welcome a record number of traders and charity stalls offering cakes, pies, jams, jewellery, clothes, hats, toys and beauty products. The selection of food and drinks stands, as always, proved very popular.

Most importantly, we'd like to thank all the visitors who turned up in their hundreds for this local event and supported Ruddington Parish Council's Charity of the Year, Bloomin' Dementia, by taking part in the raffle for a chance to win one of 40 fabulous

prizes donated by local businesses and residents.

As a special treat, we were also delighted that Nottinghamshire and England cricketer, Jake Ball, accepted our invitation to draw the raffle and provide photo opportunities for visitors. Along with the money raised at The Great Get Together in June, over £500 was raised for Bloomin' Dementia.



The Events Team are now planning for the arrival of the Tour of Britain on Saturday 8th September along with the ever-popular Christmas Fayre on Saturday 1st December – save the dates!

Councillor Sue Matthews

**Editor's Note:** Many thanks to Hilary Thorpe for the lovely letter you sent us saying how much you enjoyed the Summer Fayre and taking part in the Golden Oldies singing group. We loved reading about your memories of former fetes in the village with traction engines and fortune tellers, too!

## Come and sing!

Singing is “Delightful to nature and good to preserve the health,” or so said the great English composer, William Byrd, over 400 years ago. He wasn't wrong and you can enjoy all the benefits by joining the Ruddington & District Choral Society (RDCS)!

Singing of any kind, but especially singing with others, has been proved to both make people feel better and to actually do them good; it's uplifting and enriches your life. It also brings you into contact with other like-minded people while you enjoy creating and performing some of the world's greatest music. Put simply, it makes you feel good!

The RDCS has been a leading light in Nottinghamshire's musical life for over 50 years and usually performs three concerts each year with weekly rehearsals. We're now accepting new members, so whether you're new to singing and want to give it a try, or are an experienced singer, we'd love you to join us. No auditions are necessary.

Rehearsals are held each Monday from 7:15pm to 9:15pm at St Peter's Junior School, beginning in September for the autumn term. For more details, please call 0115 921 1451, email [enquiries@ruddingtonchoral.com](mailto:enquiries@ruddingtonchoral.com) or visit [www.ruddingtonchoral.com](http://www.ruddingtonchoral.com).

Patricia Beale

## Steampunk comes to Ruddington!

The Framework Knitters Museum in Ruddington is hosting their first ever Victorian Steampunk event from 11am to 5pm on Saturday 6th October 2018.

Attractions will include stalls, tea duelling and facial hair competitions. There'll be a reduced adults' entry fee of £3.50 to the museum for visitors in Steampunk outfits. You can even travel to the event in style on a vintage bus from the Great Central Railway (Nottingham) on Mere Way, thanks to the Nottingham Area Bus Society.



Museum Manager and Curator, Nicola Wood, comments: 'Everyone at the museum is so excited about the Victorian Steampunk event! It's something a bit different that people may not normally associate with us. But if you think about it, steampunk has a big focus on Victorian industrial history – which is just what you'll find at our museum!'

The event will be supported by The Frame Breakers, owned by Nottingham Brewery, the museum's charitable partner. They'll be welcoming visitors to the pub during the day, and into the evening when activities at the museum have finished.

The brewery's Operations Director, Andy Heath, has been busy sourcing spirits from the Steampunk Gin Company, as well as thinking up special offers and ideas for decorating the pub in suitable style. They'll also be supplying the museum with Frame Breaker ale and a selection of other alcoholic and soft drinks.

Local gin distiller Redsmiths – originally based in Ruddington but now located in the city centre – will be providing their popular gins for steampunk enthusiasts to enjoy at the museum. And graphic design agency WigWag, based on The Green, are also getting involved by producing the programme for the event.

The museum is especially grateful to the Newark Steampunk Society, which is helping organise and run the day

Details are still being finalised, so keep an eye on the Framework Knitters' and Frame Breakers' websites and social media accounts for the latest news. Or contact the museum on 0115 984 6914 if you'd like to know more.

**We will remember them  
WW1 Casualties this month  
100 years ago**

5th SEPTEMBER 1918

**Private Thomas James Hayward**, aged 31, 1st Bn. Bedfordshire Regiment

Husband of Lillian Hayward, of 58, Green Lane, Letchworth, Herts.

Buried: St. Sever Cemetery Extension, Rouen

16th SEPTEMBER 1918

**Rifleman Frank Peet**, aged 35, 13th Kings Royal Rifle Corps.

Husband of Alice Peet, of Chanloss St., Ruddington

Buried: Terlincthun British Cemetery, Wimille, France

16th SEPTEMBER 1918

**Private Frederick James**, aged 26, 2/6th Royal Warwickshire

Son of Albert and Catherine James, Ruddington Fields

Buried: Sarralbe Military Cemetery, Moselle, France

27th SEPTEMBER 1918

**Able Seaman Ernest Oliver**, aged 30, Drake Battn. Royal Naval Div.

Son of John and Ruth Oliver, of Victoria House, Wilford Rd., Ruddington

Remembered on: Vis-en-Artois Memorial, Pas de Calais

**Parking update**

The July 2018 traffic patrol stats for the village were:

- 445 visits
- 1,008 observations
- 32 penalty charge notices

This is an unusually high number of both visits and observations. Coupled with relatively few PCNs, this suggests that the presence of traffic enforcement officers in the village certainly encourages people to quickly move illegally or inconsiderately parked vehicles!

**Crime figures for Ruddington**

For July these were as follow:

- 2 x burglary
- 1 x attempted burglary
- 1 x theft of fuel from the petrol station
- 1 x theft of bicycles from a locked shed
- 1 x plant pot set on fire
- 1 x vehicle stopped with stolen goods
- 1 x theft from Sainsbury's
- 1 x theft of motorbike
- 1 x criminal damage to a motorbike
- 1 x theft from a car

For crime prevention advice, please visit [www.nottinghamshire.police/advice](http://www.nottinghamshire.police/advice).

# Ruddington Diary

## Sunday 2nd September

**Ruddington Footpath Preservation Group** – Hickling & Hickling Standard incl. Grantham Canal. Meet on The Green at 2.15pm.

## Monday 3rd September

**Ruddington Craft Group** – Making Bags. St Peter's Rooms 10.00am – 12.00pm. £3.50 – tuition, materials and refreshments are included in the cost. Newcomers are welcome to come and learn a craft, experience or expertise are not essential.

## Saturday 8th September

**Wildlife Watch Group (8 to 13 year olds) at Rushcliffe Country Park** – 11am to 1pm. Theme TBC. Meet at the Education Room. Members and non-members welcome. Suggested donation: £2. Please come dressed for the weather! Kids under 8 welcome but must be accompanied by an adult. For info, contact Geoff East on 07804 297 041 or at [geoff.east@virginmedia.com](mailto:geoff.east@virginmedia.com).

**Tour of Britain** – The OVO Energy Tour of Britain bike race will pass through Ruddington from around 10:45am. Come along and cheer on the cyclists and get Ruddington 'bigged up' on national TV! Rolling road closures will be in operation from 10am.

**County & Borough Councillors' Surgery** – 10am to 12 noon at St. Peter's Rooms. This is your opportunity to speak with your Borough and County Councillors about local issues.

## Sunday 9th September

**Ruddington Bowls Club Annual Fun Day** – rearranged from 29th July.

## Tuesday 11th September

**Rattle Rhyme & Roll** – Ruddington Library 11am – 11.30am Free half hour fun session for babies & toddlers

**Scrabble** – Ruddington Library. 2pm – 4pm All abilities welcome.

**Environment & Policy Committee Meeting** – at St Peter's Rooms commencing at 7.30pm. All meetings are open to the public, you can share your views on any agenda item.

If you'd like something included in The Rudd, please contact the Parish Council office.

The copy deadline for the next edition is 15th of the month.

## Wednesday 12th September

**W.I Meeting** – "Harvest Supper" at St Peter's Room, commencing 7.15pm.

## Saturday 15th September

**Ruddington Gardeners' Association Village Show at St Peter's Rooms.** Classes for adults and children, entry is free for children. Please place your exhibits from 8am and hand in your entry forms by 9:30am latest on the day. The show is open to the public from 11am to 4pm. Full information and show schedules available from St Peter's Rooms.

### Monday 17th September

**Ruddington Craft Group** – Quilling. St Peter's Rooms 10.00am – 12.00pm. £3.50 – tuition, materials and refreshments are included in the cost. Newcomers are welcome to come and learn a craft, experience or expertise are not essential.

### Tuesday 18th September

**Methodist Church Women's Fellowship** – Joint service of Holy Communion with the Men's Fellowship group. 2.30pm. All are welcome

### Thursday 20th September

**The Ear Foundation** – Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. In St Peter's Rooms between 11.30am & 12.30pm. No appointment required.

**Ruddington Folk & Blues Night** – 8pm at The Country Cottage Hotel. Before the summer ends come and enjoy a cool drink and an evening of all kinds of live music in this relaxing venue.

### Friday 21st September

**Ruddington Business Partnership** – FREE networking today and every 3rd Friday of the month, at The Ruddington Arms, 8am to 9am. Come along and meet other local businesses. No booking required.

A large print copy of the Village Newsletter is available to read in the library.

### Saturday 22nd September

**50 Objects from 50 Years** – 50th Anniversary Exhibition at the Village Museum – 10am to 3:30pm. Free entry. One object will be displayed for each year of the museum's existence, with items ranging from two 17th century pewter plates found in the Methodist Chapel to a beautiful Edwardian Post Box-shaped money box.

### Tuesday 25th September

**Parish Council Meeting** – at St Peter's Rooms commencing at 7.30pm. All meetings are open to the public, you can share your views on any agenda item.

### Wednesday 26th September

**Ruddington Gardeners' Association** – "Giant Perennials and Exotic Plants" with Michael Fisher at The Hermitage. 7pm for 7.30pm.

### Friday 28th September

**World's Biggest Coffee Morning in aid of Macmillan Cancer Support** – 10am to 12 noon at Shrimpton Court (off Elms Park). Tea, coffee, biscuits, Grand Raffle and Cake Stall. Everyone welcome.

### Saturday 13th October

**Wildlife Watch Group (8 to 13 year olds) at Rushcliffe Country Park** – 11am to 1pm. Theme TBC. Meet at the Education Room. Members and non-members welcome. Suggested donation: £2. Please come dressed for the weather! Kids under 8 welcome but must be accompanied by an adult. For info, contact Geoff East on 07804 297 041 or at [geoff.east@virginmedia.com](mailto:geoff.east@virginmedia.com)

## Ruddington Traders Join #MyHighStreet Initiative

Last month, RUDDINGTON.info told you about the launch of the 2018 “Great British High Street Awards” run by The Ministry of Housing, Communities & Local Government. If successful, our village could scoop £10,000 to spend on improvements to its shopping areas.

We’re pleased to report that Ruddington businesses have got together and entered the Customer Experience category.

Their submission outlines the initial formation of Ruddington Village Centre Partnership (RVCP) – in direct response to the sudden and unexpected closure of Thomas’s Greengrocers at Easter – in an effort to revive our village centre and reopen empty shops.



Thanks to RVCP’s efforts, village centre shoppers can help put Ruddington on the map whilst entering a weekly draw to win £100 each time they spend at least £10

with their Visa Card at participating #MyHighStreet businesses.

Entry details and terms and conditions can be found at [www.visa.co.uk/greatbritishhighstreet](http://www.visa.co.uk/greatbritishhighstreet) and on the cards placed within the special boxes (see picture opposite) located at each participating outlet.

These are: Aidy’s Barber Shop, Amanda Findlay Opticians, Apotheka, Artvine, Beauty at Orchard House, Black Cat Café, Classic Cuts, David Richards Jewellers, Frame Breakers Pub, Hare & Rabbit, Home Interiors & Gifts, Jaspers Café, Julia’s Kitchen, Lovely Little Wool Shop, Old Bakehouse Tearoom, Perkins Hardware, Philo’s Deli, Phoenix Flowers, Post Office, Ruddington Butchers, Ruddington Arms, Ruddington Fish Bar, Ruddington Vets, Summers at Eleven, Victoria Tavern.

If any other businesses would like to take part, please contact Julie Smith at the Black Cat Café as there are five boxes left.

The #MyHighStreet campaign runs until Sunday 2nd September, but will be extended to Sunday 4th November if Ruddington gets shortlisted for an award. Good luck!

Graham Wright  
via [RUDDINGTON.info](http://RUDDINGTON.info)

## **Grounds Maintenance Apprentice vacancy**

We're looking to recruit a full-time (37 hours per week) Grounds Maintenance Apprentice to work within our Grounds Maintenance Team.

The role is varied, with duties including the preparation and maintenance of our football pitches, cricket pitch and bowling green; grass cutting and strimming; and hedge and cemetery maintenance.

The ideal candidate would be keen to learn, hardworking, willing to work outside in all weathers, reliable, punctual and have a genuine interest in grounds maintenance.

The starting salary is £3.70 per hour for the first year, then moving to the National Minimum Wage for your age.

Please visit the Parish Council website or contact the office for full details and to obtain a Job Description and Application Form. The closing date is Sunday 16th September 2018.

### **New bins for Pasture Lane**

Eagle-eyed residents in the Pasture Lane and Bellway Estates may have spotted a small change – the once-red dog-waste bins have been replaced with black dual-purpose bins.

Crucially, these can still be used by dog owners to dispose of their dog's waste.

But they're also now for general litter too. One is right on the corner of Pasture Lane, the other at the top just before the Gypsum factory. Both are emptied regularly.

With rather a lack of public bins between these estates and the village centre, it's hoped the new bins will help to keep the area tidy. A small change maybe, but hopefully one which will make a big difference.

Kay Garrett

### **Best-value products and expert advice from the pharmacy**

Reduced NHS budgets mean that GPs are decreasing the number of prescriptions they write for medicines you can buy over the counter.

Hay fever medication often falls into this category. If you've been suffering this year, then Evans Pharmacy can help by recommending the best-value products. For example, we may recommend non-branded products, or a similar product that's better value.

As well as hay fever, we can also recommend best-value options for acid reflux, pain relief, erectile dysfunction, and calcium and vitamin D preparations.

So don't spend more than you need to, call in for advice instead.

Emma Anderson, Evans Pharmacy

## A tribute to Sue Rivington



pantomimes Lorna McCullough set up in the early 1980s.

Sue loved her music and was passionate about singing. As a key member of the Ruddington and District Choral Society, she was able to indulge this passion to the full.

Sue loved her church, St Peter's and was at the heart of this faith community. Sue's strong Christian faith was expressed in so many practical ways. She was a member of the church choir and Parochial Church Council, and served as Church Warden, Administrator and social committee facilitator over a lot of years.

Those of us who had the privilege of knowing Sue were always struck by her integrity and sense of fun. With Sue, there was always a sparkle. She was a real “people person”, who was quick to roll up her sleeves and get stuck in! Sue was also a brilliant organiser. She was compassionate, wise and indomitable.

JRR Tolkien once wrote a short story in which he wrote of the heroine, Queen Agatha: “There was no getting round Queen Agatha – or at least it was a long walk.” This reminds me of Sue’s tenacious love, and sacrificial service for us, her family, her village and her church.

Reverend Andrew Buchanan

I have been asked to write a few words in tribute to my dear friend and colleague, Sue Rivington, who died in July 2018. I think that the best of our lives is always revealed in the people, places and communities that we love – so let's reflect upon the loves of Sue's life.

First and foremost, Sue loved her family. Her family was right at the heart of Sue's life – especially her grandchildren (whom she adored). Sue liked nothing better than a family celebration.

Sue loved her village, Ruddington. And she knew everybody! Which was hardly surprising as she was involved in so many village activities. She served as a Parish Councillor for several years. She was part of the Ruddington Festival Singers and played her part in the village

## New website shows planned highways work

A new website, [www.improvingyourroads.co.uk](http://www.improvingyourroads.co.uk), has been launched that makes it easier to check what highways work is planned in or near Ruddington. The website, set up by Nottinghamshire County Council in partnership with Via East Midlands, shows all programmed improvements and can be centred on your postcode.

The service forms part of a £20 million investment in the county's roads over the next four years, with 111 locations across the county earmarked for improvements during 2018/19.

The new site complements an existing website provided by Elgin, [www.nottinghamshire.roadworks.org](http://www.nottinghamshire.roadworks.org),

which reports all local and national roadworks, road closures and traffic disruptions, (live and planned).

Councillor Mark Pinks

### Margaret Grice (1929 to 2018)

Former Parish Councillor and well-known Ruddington resident, Margaret Grice, passed away on 27th July 2018 at the age of 88. Her life in the village was not only long, but fully involved.

Margaret played a big part in the life of the Baptist Church and became a member of their leadership team. She held a pastoral role, for which she was

well-suited as she had a very outgoing and inclusive, caring nature.

Margaret had a lovely way of encouraging young people and could easily speak to them. In later years, she was unable to attend services at the church, but was fond of reminding people she was their oldest member!

Margaret also worked in the Honeycomb Charity Shop and the Lantern Coffee Shop in the village. In addition, she served on the Parish Council between 1995 and 2011.

After her husband, Peter, died at the age of 55, Margaret went to live at Shrimpton Court. She was a member of the Residents' Committee and helped ensure the smooth running of the complex.

Margaret was very active in all the events at Shrimpton Court and helped to organise many social activities and outings. Until a couple of years ago, she also organised the annual "World's Biggest Coffee Morning" in aid of Macmillan Cancer Support.

During the 25 years Margaret lived at the complex, she made many friends who she even took holidays with. She'll be remembered for her love of sport, her garden, colourful flowers (and cakes!), and her remarkable memory for people and events.

With thanks to Peter McGowan, Janet Watts and Kate Stephenson

## Flu jabs at Rudd Medical Centre

Flu is an unpredictable virus that can cause mild or unpleasant illness in most people. If you're eligible for a free flu vaccination, then please pop along to one of our Flu Clinics on Tuesday 25th September from 11am to 12 noon, Saturday 6th October from 9am to 12 noon and Monday 8th October from 5pm to 6pm. There's no need to book an appointment.

To be eligible for the flu vaccination, you need to be in one of the following groups: over 65, liver problems, coeliac, asthma/COPD, carers, splenectomy, kidney problems, immunosuppressed, sickle cell, heart problems/stroke, diabetes.

Getting your flu vaccination at the surgery allows us to review other aspects of your health care such as reviewing your medication or taking your blood pressure. So, please see these clinics as a one stop shop.

And don't worry if you can't attend one of the clinics. Just pop in or ring us on 0115 921 1144 and we'll do our best to squeeze you in with a Nurse or GP at a convenient time.

Ruddington Medical Centre

**Editor's note:** If you're registered with Church House Surgery on Shaw Street, you can contact them on 0115 984 7101 to book a flu jab.

## Walk in the Vale of Belvoir

The highlight of the year for Ruddington Footpath Preservation Group is its day walk. In mid-July, 12 members enjoyed a not-too-arduous walk around the Vale of Belvoir, which included the Grantham Canal, part of the Viking Way and the grounds of Belvoir Castle.

This was followed by lunch at the Dirty Duck at Woolsthorpe and a preview of Belvoir's new Engine Yard retail complex.



The Footpath Group organises walks on the first Sunday of every month, setting off from The Green at 2.15pm. September's walk is Hickling and Hickling Standard, taking in a stretch of the Grantham Canal. New members are welcome to join us for any of the monthly walks.

Gavin Walker

## Thanks to The Rudd...

On Fridays at 2pm in Ruddington Village Hall, you'll find ballet classes happening for over 55s. These are run by K2 Dance Academy, which is one of the first licensed Silver Swans Dance providers in the area.

We ran an article about this new activity a couple of months ago. Kara who runs the Silver Swans classes has personally thanked The Rudd as she is delighted with the response she's had.

If you're interested in joining a class, you can email Kara at [kara@k2danceacademy.co.uk](mailto:kara@k2danceacademy.co.uk) or call her on 07939 435 839.

Barbara Breakwell

## Free bus to Coffee Morning

Did you know there's a free Community Bus funded by the Parish Council which operates in the village on Wednesdays?

The service is run with the help of volunteer drivers and escorts who supervise the bus on its weekly run. Its purpose is to give local elderly residents access to the village. Several residents use it, but there's always room for more.

Some people also use the bus to attend the Coffee Club that meets every Wednesday (except Christmas Day) from 10am to 11am at St Peter's Rooms.

This is a social hour for over 55s to get together and chat over coffee or tea. Run by Lorna McCullough, this popular group is always grateful for volunteers to help prepare the drinks. If you'd like to help out, please contact Lorna on 0115 921 4975. To book a place on the Community Bus, please call the Parish Council office on 0115 914 6660.

Barbara Breakwell

## Handy Housekeepers

Rushcliffe Community Voluntary Service (Rushcliffe CVS) has recently launched a new service called "Handy Housekeepers".

The service provides help at home for elderly people who can't do as much as they used to do around the house. The cost is £15 per hour and pro rata for half an hour. Staff will carry out cleaning, washing, ironing, changing beds, shopping and light household tasks. Lifting heavy weights, gardening and personal care won't be provided.

Staff are thoroughly vetted and insured, and initially the service is available anywhere in Rushcliffe.

To find out more, contact Rebecca Archibald on 0115 969 9060 or email [handyhousekeepers@rushcliffecvs.org.uk](mailto:handyhousekeepers@rushcliffecvs.org.uk). They're open Monday to Friday from 9am to 12.30pm and 1.30pm to 4pm.

Barbara Breakwell

## Ruddington marches to the Menin Gate for GP90

On Wednesday 8th August 2018, Ruddington Royal British Legion (RBL) Branch Secretary Louise Mote and Standard Bearer John Pidgeon participated in the Great Pilgrimage 90 (GP90) event in Ypres, Belgium. The pilgrimage was made in recognition of a similar march made 90 years earlier to the day by war widows and veterans

RBL members were able to take a tour of the battle fields where they gained shocking insights into the reality and horrors of the First World War. Whilst the temperatures were otherwise up in the mid-30s, it was cooler on the day of the parade, with a breeze. The band of the Royal Marines played them in along the two mile march route to the Menin Gate, where wreaths were laid.



The Branch is tremendously grateful to Ruddington Parish Council and the various local companies who gave donations to meet the cost of participating. These were Ruddington Grange Golf Club, Grange News, Simply The Best Caterers, The Frame Breakers and Right Management.

Louise, who also held a fundraising afternoon tea party, said "I can't begin to explain what an honour it was to represent not only the Ruddington British Legion but also the village at this event, which was attended by over 2,000 people"

New members and guests are very welcome at any of the RBL's popular social events. The next ones will be a Film Night in December 2018 and a 1940s Evening in February 2019. For more information, please call Louise on 07821 909 008.

Louise Mote

**Edited and produced by Ruddington Parish Council**

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