

THE RUDD

Village Market celebrates first birthday

Amazingly, when our next Ruddington Village Market takes place in February it will be marking one year since its launch!

Hosted by The White Horse Inn, in partnership with the award-winning Ruddington Village Centre Partnership (RVCP) team, the event has firmly established itself on many people's lists of essential things do in the area each month.



However, organisers are giving themselves a well-deserved rest this January – to prepare for the big, first birthday market on Saturday 1st February 2020. We're promised music, entertainment, prizes and birthday specials in addition to all the usual market favourites such as fruit and veg, bread, meat, cheese, eggs, pies, spices, brownies, craft stalls and much more.

To celebrate the milestone, organisers are also giving away a £30 voucher to spend at the market.

Girlings & Co
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To stand a chance of winning you'll need to "like" the market's first birthday Facebook post before Friday 24th January and leave a comment telling them what birthday treat you'd buy from the market.

Former Ruddington Parish Councillor Sue Matthews is taking over from Stella Dickie as Project Manager for Ruddington Village Market (RVM) in 2020. "I've been involved with RVM since it began a year ago, helping to sell fruit and veg initially, and joined RVCP later in the year as liaison to Parish Council," explains Sue. "I was delighted to be asked to continue Stella's excellent work finding and booking traders, which is something I have past experience in. 2020 will be an exciting year for RVM as we'll be looking to build on the strong support from regular stallholders by continuing to add exciting new traders to complement existing market and village outlets and offer a great choice to growing number of visitors."

RVCP founder member, Mark Pinks, adds: "It feels like a lifetime ago that we first started thinking about setting up a market way back in September 2018. But from that first market in February last year, on sunny days and rainy days, and right through to Christmas, the feedback from visitors and stall holders has been amazing.

We're really excited for our second year, with lots of plans for new features and stalls!"

White Horse landlord Andy Hunt had been thinking about using his premises for a Farmers' Market for quite some time before being approached by RVCP: "It's way exceeded anything I would have been able to organise on my own," admits Andy. "With the help of Stella and the RVCP committee it's been fabulous, and I wouldn't have been able to do it without them. The market is a village enterprise for the people, and to help other retailers, and we're just glad that The White Horse can facilitate it. Thank you to everyone who's come out and supported it."

RVCP Chair Mike Ader adds: "2019 has been a great year for the village. I couldn't have hoped for a better start for the Ruddington Village Market, Makers' Night and other initiatives that RVCP has initiated. It's been tremendous working with everyone on the steering group – what a wonderful team! It all bodes extremely well for 2020."

The next Ruddington Village Market takes place on Saturday 1st February 2020, from 9am until 12.30pm, at The White Horse Inn on Church Street.

Graham Wright via RUDDINGTON.info

Business Christmas Window Display Competition winners

A massive “Thank you” to all the village businesses for the hard work you put into decorating your windows for the 2019 Business Christmas Window Display Competition. Ruddington looked amazing! The results are:

- **1st prize:** 3 months free sponsorship of The Rudd, bottle of fizz and chocolates – Amanda Findlay Eyecare



- **2nd prize:** box of chocolates – Phoenix Flowers
- **3rd prize:** box of chocolates – Perkins Hardware
- **Highly Commended:** Jaspers Cafe

Many thanks also to our judges for their continuing support in taking on this role each year. It is much appreciated.

Cllr. Marion Pell

Christmas tree shredding reminder

If you've asked the Parish Council to collect and shred your Christmas tree, our Groundstaff team will collect it on Tuesday 7th or Wednesday 8th January, as explained in the December issue of The Rudd. Don't forget to leave your tree outside by 7.30am on the day of collection!

If you've forgotten to book a collection, don't worry. You can take your tree to be recycled at West Bridgford Recycling Centre on Rugby Road.

Did you know? Real Christmas trees have a much lower carbon footprint than artificial ones - especially if recycled! (Source: Carbon Trust)

Crime figures for Ruddington

For November 2019, these were:

- 3 x break-in to / theft from vehicle
- 2 x theft of number plates
- 3 x vehicle theft (2 recovered)
- 1 x theft of fuel
- 3 x theft from shop
- 1 x property break-in / burglary
- 1 x multiple shed break-ins
- 1 x theft of wood chipper

For crime prevention advice, please visit www.nottinghamshire.police.uk/advice.

A Ruddy Good Christmas Fayre!

Ruddington Christmas Fayre was blessed with dry, clear weather on Saturday 21st December. And what a great day we enjoyed!



As usual, there were stalls aplenty on the High Street, in St Peter's Rooms, St Peter's Church and the Methodist Church, with something for everyone.

Santa's Grotto proved very popular once again. Later in the day, Santa made another appearance when he rode around the village on his sled, courtesy of the Rushcliffe Rotary Club.



Ruddington Baptist Church put on their "Picture in a Manger" activity at

St Peter's Church and choral entertainment was provided by Ruddington Community Choir on the High Street. There was also carol singing and bell ringing at St Peter's Church later on.

St Peter's Rooms saw Marvo the Magician captivate the children with his tricks and humour. Ruddy Duck was also popular with kids and adults alike – and almost found himself "hooked" at one stage by the Hook a Duck man - as pictured below!



This year's Christmas Fayre raffle was held in aid of Ruddington Scouts. Thanks are due to the businesses and individuals who donated prizes, those who sold tickets and the kind people who purchased them. We raised a fantastic total of £447, boosted to £517.70 with monies from refreshment sales.

The winner of the star raffle prize, an Amazon Alexa Echo, was Samantha

Wormall. Well done to Samantha, who's pictured receiving it from Events Team member, Jill Reedman.



Thank you to everyone who contributed to a very successful day, especially those who gave up their time to serve refreshments, and to Sarah Julian of BBC Radio Nottingham who kindly helped us draw the raffle.

With thanks to Paul Reedman and the Parish Council Events Team

Coffee Morning recommences

After a break for the festive season, the weekly Coffee Mornings at St Peter's Rooms will start again on Wednesday 8th January from 10am to 11am. The group is a social hour for people aged over 55 to get together for a chat over tea or coffee. Free transport is available with the Community Bus, so you can still come along if you're less mobile.

To find out more, please call Lorna McCullough on 0115 921 4975.

Phoenix Bridge Club

Are you interested in learning to play bridge? Phoenix Bridge Club will be holding its fifth fast track bridge beginners' course, starting weekly from Thursday 5th March 2020. The course will take place at Keyworth Village Hall from 10am to 12pm.

For more information, please contact Ann Adkin on 0115 937 2453, email anngadkin@btinternet.com or visit www.phoenixbridgeclub.com.

Have you seen our new video?

The Parish Council has produced a new video to tell people about what it's like to be a Parish Councillor and why you should consider joining us. You'll find it online at our website and our Twitter and Facebook pages.



There are several vacancies on the Parish Council, so if you'd like to find out more, please contact the Parish Office.

Thanks to Lewis Fletcher who kindly produced the video for us, and to the Parish Councillors who took part.

Ruddington Diary

Community events & activities

Sunday 5th January

Café Church - 9.30am - 10.50am at St. Peter's Church, followed by Holy Communion for those wishing to stay. Come and join us for Café breakfast.

Ruddington Baptist Breakfast Church - 10.30am St Peter's Rooms. Meet and enjoy croissants and drinks before doing activities together. For more information visit www.ruddingtonbaptist.org.uk.

Ruddington Footpath Preservation Group - The Embankment. Meet on The Green at 2.15pm.

Monday 6th January

Ruddington Craft Group - 'Fold & Twist Cards' - St Peter's Rooms 10.00am - 12.00pm Tuition, materials and refreshments are included in the £3.50 cost. Newcomers are welcome to come and learn a craft. Contact Chris Gibson for more info: 07967 245 308.

Tuesday 7th January

Ruddington Methodist Church Woman's Fellowship - More on Lace Market Theatre - Lorna McCullough, 2.30pm, Methodist Schoolroom. all are welcome to join us.

Wednesday 8th January

W.I. Meeting - 'The Mayflower & The Pilgrim Fathers' - Sarah Julian at St Peter's Rooms, commencing 7.15pm.

Saturday 11th January

Wildlife Watch Group (8 to 13 year olds) - 'Fantastic Beasts and where to find them' Come and delve into the amazing world of the invertebrates with our friends from 'Rent a Beast' 11.00am - 1.00pm. Nature based activities, fun and games for 8 - 13

years old. Members and non-members welcome. Suggested donation: £3 per session. Please come dressed for the weather! Kids under 8 welcome but must be accompanied by an adult. For info, contact Geoff East on 07804 297 041 or at rushcliffewatch@nottswt.co.uk.

County & Borough Councillors' Surgery

Saturday 11th January

10am - 12 noon at St. Peter's Rooms. This is your opportunity to speak with your Borough & County Councillors about local issues. A Parish Councillor may also be present.

Tuesday 14th January

Rattle Rhyme & Roll - Ruddington Library, 11am - 11.30am. Free half hour fun session for babies & toddlers.

Thursday 16th January

Games Night at The Cottage Hotel - from 7:30pm. Board games night aimed at younger residents although all are welcome. Bring your own games or choose from the hotel's wide selection.

Ruddington Rhythm - 8pm - 11pm at The Cottage Hotel, Easthorpe Street. All styles of music and song to tap your foot to or sing along with. Come and join our regular audience, you may win a raffle prize!

Friday 17th January

Ruddington Business Partnership – FREE networking at The Next Episode, 8am to 9am. Come along and meet other local businesses. No booking required.

Friday 17th January cont.

Knit & Natter Group - 10:30am to 11:30am at the library. Meet other friendly crafters and get together to knit, crochet, natter, share skills or simply admire them! No need to book. Free to attend with refreshments on sale.

Monday 20th January

Ruddington Craft Group - 'Assorted Crafts' - St Peter's Rooms 10.00am - 12.00pm. Tuition, materials and refreshments are included in the £3.50 cost. Newcomers are welcome to come and learn a craft, experience or expertise is not essential. Contact Chris Gibson for more info: 07967 245 308.

Ruddington & District U3A Monthly Meeting - 'A Forgotten Country - travels in Tibet'- Malcolm Darroch, 2pm Ruddington Methodist Church. Please bring your membership card. For further details or information on how to join please email rudd_u3a@yahoo.com.

Tuesday 21st January

Ruddington Methodist Church Woman's Fellowship - Fish & Chip Lunch & Short Talk by Committee: Jean, Marilyn, Penny, Jennie & Pat, 2.30pm, Methodist Schoolroom, all are welcome to join us.

Parish Council meetings

Tuesday 21st January

Parish Council Meeting - at St Peter's Rooms commencing at 7.30pm. All meetings are open to the public, you can share your views on any agenda item.

Sunday 26th January

'Bubbles' - 10.30am St Peter's Rooms. Group for the under 5s provided by Ruddington Baptist Church. For more information call 0115 984 3523.

Monday 27th January

The Ear Foundation - Do you wear an NHS hearing aid? Come to our FREE walk-in hearing aid clinic. In St Peter's Rooms between 10am & 11am.

Wednesday 29th January

Ruddington Gardeners' Association - "In the Land of the Giants - Echiums" with Linda and Ray Heywood at The Hermitage, 7pm for 7.30pm.

Every Sunday

Ruddington Baptist Church at St Peter's Rooms. 10.30am. An opportunity to worship, pray and explore what God is saying to us together.

Spiritual Light Centre at Framework Knitters Chapel. 6.30pm - 8.00pm. Divine Service with a visiting Medium. Healing during service. Refreshments afterwards.

Every Monday during term time

Ruddington & District Choral Society at St Peter's Junior School. 15pm - 9.15pm.

Every Tuesday during term time

Ruddington Community Choir at Ruddington Methodist Church. 8.00pm - 9.30pm. £5.50 per session.

Every Tuesday

Nappuccinos at The Hub, 62 Musters Road. Every Tuesday 10am - 12pm. Group for parents with babies under 1. Homemade cakes, tea and coffee. For more information visit: www.ruddingtonbaptist.org.uk/whats-on/nappuccinos.

Have you been affected by flooding?

If your home or business has been affected by floods in November, financial support is available from Rushcliffe Borough Council. You can find full details of the help that's available and how to apply at www.rushcliffe.gov.uk/environmentalwaste/emergencyplanning/flooding/affectedbyflooding/#d.en.31006.

The Borough Council is encouraging residents whose homes or premises are at high risk of flooding to make preparations in advance, using information and guidance that can be downloaded from www.gov.uk/government/organisations/environment-agency. The site also enables you to sign up to receive warning information about flooding events.

If serious flooding occurs, the Council is prepared and committed to supporting our community in a number of ways, such as providing sandbags, community resilience stores and temporary accommodation for people who can't make their own arrangements.

Useful contact numbers:

- Rushcliffe BC – 0115 981 9911 (For all sandbag requests and information)
- Rushcliffe BC – 0115 981 1143 (Out of hours for emergencies)

- Nottinghamshire County Council – 0300 500 80 80. (This number can be used to report blocked culverts, drainage problems or issues related to the highway).

A visit from Ruddy Duck

Pupils from St Peter's Junior School in Ruddington were delighted to be joined by the village mascot, Ruddy Duck, when they visited the Framework Knitters Museum in December.



Ruddy seemed to enjoy his visit and even had a go at knitting on a Griswold machine – no mean feat when you have wings instead of hands!

Thanks to Ruddington Parish Council Events Team for arranging for Ruddy Duck to come along and join us at the museum.

Faye Stenson, Museum Trustee

What can go in the blue bin?

At the November meeting of the Ruddington & District U3A, we had a very informative talk and fun quiz about what we should and shouldn't put in our blue recycling bins. It was given by Lesley Taylor, who works for Veolia.

The talk brought to light several items I thought could go in the blue bin – but which I now know I've recycled wrongly in the past!

plastic bottles, margarine tubs (but not the lids – see below) and yoghurt pots can go in the blue bin.

However, shredded paper or card should NOT be put in your blue bin. This is because it's too small to be sorted and more difficult to make into good quality paper or card pulp due to the short lengths.

It can either be put into a compost bin or bagged and put in your grey, general waste bin.

Other things I learned include:

- Tops on plastic bottles should be removed and put in general waste
- Lids on margarine tubs are a low quality plastic and should be put in your general waste
- Food trays, bubble wrap and plastic bags must go in the grey bin, not the blue bin
- Pizza boxes, although made of cardboard, are waxed and often have food deposits left on them so must go in the grey bin.

In the past items, that couldn't be recycled went to landfill. Now, the majority of Nottinghamshire's general waste goes to an Energy Recovery Facility where it's turned into electricity and district heating, so literally nothing goes to waste.

Barbara Breakwell



Veolia are the waste contractors for the household rubbish generated and collected in our village and the rest of Nottinghamshire. They have a Materials Recovery Facility in Mansfield where the rubbish is sorted into item types and then sent on to various other facilities.

All clean and dry cardboard, paper, cans, (including aerosols), tins and

Boutique Pilates Classes at Rushcliffe Physiotherapy Clinic

Rushcliffe Physiotherapy Clinic in Ruddington would like to welcome you to our unique Boutique Pilates Classes.

Run by physiotherapists, our difference is in the detail of our approach to Pilates. We keep our groups small (4 to 5 people), so we can pay attention to your individual needs. To support your progress and personal goals, we'll revise and evolve your workouts from week to week.



We tailor our classes to suit your fitness level and ability, taking a gentle and energising “whole body” approach. Using small props like balls and bands (see picture above), and working on and off the mat, you'll use breathing, stretching and functional movement to build strength and release your body's potential.

You benefit most from Pilates when you understand the purpose of every exercise. We'll combine Pilates-based

exercise with our physio skills, corrective training and breathwork to make sure you're practising safely.

All ages, fitness levels and abilities can benefit from Pilates. You're welcome in our classes if you're new to Pilates, and/or not fit and bendy! After an initial assessment, we'll recommend the right level and class for you to join, so you get the care and support you need during each session.

You can book 6 week blocks with our physiotherapists for £12 per class, or drop-in sessions at £15 each. For class timetables and booking details, please call us on 0115 984 1978 or email info@rushcliffephysio.com/. Or, visit www.rushcliffephysio.com

Please Respect our Neighbours

Rushcliffe Borough Council have recycling bins in the Parish Council Car Park (next to the Co-op)

Please only recycle your glass bottles & jars between 8 a.m. and 5 p.m. as putting bottles in the bottle bank can make quite a noise.



The Chairman's Badge



- Upper right is the keys of St Peter, who is the Patron Saint of the village.
- Lower left reflects the surrounding countryside and the nearby River Trent.
- Lower right has a winding wheel and a knitter's, frame reflecting the industry that was so important to Ruddington many years ago.

Surrounding all this are the "clasped hands of friendship" and beneath are the words "Ruddington Parish Council".

Barbara Breakwell

Editor's Note: The Chairman's Badge has been used to create the familiar blue and white logo, pictured below, used by the Parish Council on our stationery, website and other places.

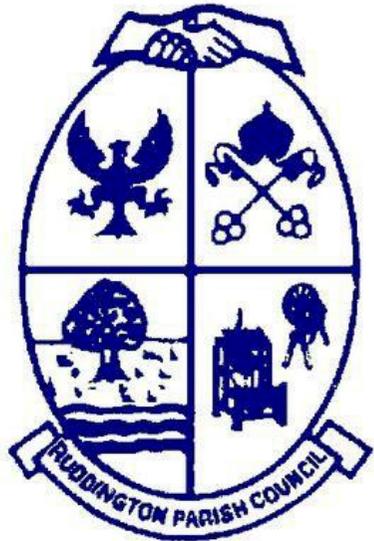
Ruddington Parish Council has just completed 125 years of existence.

In its December 1994 edition, the original incarnation of The Rudd explained the Chairman's Badge, which is a special jewel to wear at official functions.

It was presented to the Parish in memory of Edgar Stevenson, who was Chair of the Parish Council from 1972 to 1979.

The Badge is divided into four sections, with each one relating to an aspect of the village.

- Upper left. The eagle is from the coat of arms of the Parkyns family, who were benefactors to the village, especially on the educational side.



Parish Council purchases Community Centre

Ruddington Parish Council is delighted to announce that we've purchased the Community Centre site on The Green from Nottinghamshire County Council, for use by our community in the future.

We'll be considering options on how to use the building and consulting with residents and local businesses in due course. In the short term, we intend to make use of the Community Centre's parking spaces to help ease parking issues within the village centre.

Chairman of the Parish Council, Councillor Allen Wood, commented: "This is a significant milestone and the most important decision taken by the Parish Council in several decades – which is fitting as we've just celebrated its 125th anniversary."

Local county councillor and Deputy Leader of Nottinghamshire County Council, Councillor Reg Adair, said he was delighted that a deal had been done between the County Council, the Parish Council and the local community.

Cllr Adair added: "This will be a tremendous facility for the local community to access, and one which I'm sure will be well used in the future by the youth of Ruddington and the wider community."

"As well as the Community Centre being a great space for organisations and groups to hold meetings and activities, the extra car parking spaces will be a welcome benefit for everyone in the village."



Edited and produced by Ruddington Parish Council

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