

THE RUDD

Have a Ruddy Good Day out!

Following months of closure for much of Ruddington’s usually bustling village centre, due to the unprecedented COVID-19 lockdown in March, it’s now “back to business” for most traders! With face coverings now required in shops, coupled with social distancing measures already in place to keep us safe, visitors are now returning in force.

Ruddington has always been a popular destination for shoppers wishing to avoid the hustle and bustle of the city and seek out our wide variety of independent retailers – most of them unique to the village – at a more leisurely pace.



Whether you’re looking for general groceries, meats, bread, deli items, cakes, desserts, plastic-free fruit and veg, eco-friendly products, specialist beers, cards, fancy goods, toys, flowers, plants, clothes, a brand new kitchen, replacement car (or bicycle!), gardening tools or DIY items, Ruddington offers them all – with plenty of “recycling” also possible via our three charity shops.

HM Government

CORONAVIRUS
STAY ALERT TO THE SYMPTOMS

HIGH TEMPERATURE OR NEW CONTINUOUS COUGH OR LOSS OF TASTE OR SMELL?
Find out how to get a test, and how long to isolate, at nhs.uk/coronavirus

NHS

STAY ALERT
CONTROL THE VIRUS
SAVE LIVES

You're spoilt for choice for hairdressers, barbers and beauty salons – even with a parlour to pamper your pooch!

Numerous cafés are dotted about to offer rest, snacks and refreshment during your day trip – not to mention our SEVEN pubs – most of them now offering new al fresco alternatives for drinking and dining. A variety of other Ruddington hospitality venues includes restaurants, a cocktail bar and choice of takeaways – including the best fish 'n' chips south of the river!



A charming country hotel and boutique B&B are among the accommodation options for any non-residents not wanting to leave just yet.

You could then use the extra time for visiting Ruddington's three museums*, strolling around Rushcliffe Country Park, taking a trip on our steam railway* or just checking out the churches and other heritage sites – such as the graves of the Rorke's Drift survivors.

Ruddington's permanent retailers and tourist attractions are regularly complemented by other events – most notably Ruddington Village Market, which has now returned on the first Saturday morning of each month – when around three dozen socially distanced traders offer a wide variety of stalls on The Green.

Other regular fixtures on our village events calendar usually include RuddFest, the Summer Fayre, a biannual Makers' Night, Ruddington Wakes Funfair and a Christmas Street Market – all of which it's hoped can be reinstated in due course.

Meantime, new for this summer, is a Pop-up Beer Garden every Saturday and Sunday in the grounds of Grade II listed Easthorpe House, organised by Castle Rock Brewery. It's hoped visitors will also discover the delights of the rest of Ruddington with a stroll down historic Easthorpe Street to the village centre whilst they're here.

**N.B. The Framework Knitters' Museum is now open for pre-booked tours (see separate article), whilst The Great Central Railway (Nottingham) is due to make an announcement soon about resuming its heritage services. The Village Museum will remain closed until at least Easter 2021 due to the Coronavirus outbreak.*

Graham Wright via RUDDINGTON.info

Test and Trace

Businesses and organisations are now being asked to collect contact details of their visitors as their venues reopen.

The records will help NHS Test and Trace to reach anyone who may at a later date be found to have potentially been in contact with a positive coronavirus case whilst at a particular venue, helping to quickly contact people at risk of the virus and prevent localised outbreaks before they occur.

The details visitors share must be stored securely and handled in line with the General Data Protection Regulation (GDPR). They will only be shared, if asked, with the NHS Test and Trace service to manage local coronavirus outbreaks if they occur.

While the government continues to encourage everyone to play their part to curb the virus, if a member of the public does not wish to share their contact details, it is not mandatory.

The Department of Health and Social Care has published guidelines setting out the steps pubs, restaurants, cinemas and similar venues can all take to support the service.

They include:

- Collecting the names, and phone numbers of all staff working at the premises, as well as the date and time they worked

- Making a record of the name and contact phone number of any customers or visitors, or if it is a group of people, the name of the lead member of the group, who is able to contact other members of the group, and the number of people in the group
- Recording the date, arrival and departure time of all visitors or visiting groups
- Storing the information for 21 days, after which it should be safely deleted.

Ruddington Diary

With lockdown starting to ease, we're now seeing a gradual return to 'live' events happening in Ruddington, such as the monthly Village Market and the weekly Pop-up Beer Gardens at the weekends (see separate articles for details). However, it will be a while before our usual lively programme of activities returns in full swing.

There is therefore no diary for this month and we suggest you contact event organisers or check social media pages to find out more about what's happening. The [Ruddington Mums Facebook page](#) and [RUDDINGTON.info](#) are two useful sources of information.

We are still urging residents to follow Government advice by observing social distancing guidelines and wearing face coverings where required, such as in shops and when using public transport.

Local Outbreak Plans published



Plans have now been published that outline how future outbreaks of COVID-19 will be managed in Nottingham and the wider county.

The Government announced in May that top tier local authorities will lead new Local Outbreak Control Plans which give powers to local public health leaders to manage the risk of potential future outbreaks of the disease, similar to how the current lockdown measures are being managed in Leicester.

The plans will see Directors of Public Health lead and manage strategies to reduce and suppress outbreaks of COVID-19 infection across the local area with a focus on using the latest data to make decisions about how any outbreaks of the disease should be managed, including deployment of local testing and advice on how the virus should best be contained.

The Nottinghamshire Local Outbreak Plan sets out how local government works with the NHS Test and Trace service, so that the county is prepared

to contain the virus wherever and if ever it occurs.

The plan outlines how lives will be protected using the emergency response systems in partnership with Public Health England, the NHS, the voluntary sector and the wider community.

It builds on existing health protection roles and responsibilities as well as the specific work councils have been undertaking to stop the spread of COVID-19.

You can read more about the Local Outbreak Plan and watch a video here: www.nottinghamshire.gov.uk/care/coronavirus/local-outbreak-plan.

A new chapter opens for the Framework Knitters' Museum

The Framework Knitters, Museum is celebrating having been awarded £234,500 from The National Lottery Heritage Fund and £82,952 from FCC Communities Foundation for its exciting redevelopment project, "A Right Good Yarn".

Over the next two years, the project will expand the museum into an adjacent property and redevelop parts of the existing space. New displays and exhibitions will be delivered along with an improved visitor route connecting the three

spaces and offering better retail and catering facilities.

The museum's Manager and Curator, Jim Grevatte, commented: "A Right Good Yarn' marks the beginning of a new and exciting chapter in our 50 year history as a museum - and we're keen for the local community to get involved.

"You're invited to help us achieve our goal and get involved in actively shaping a site that will benefit people and groups from our local area (and beyond) for generations to come."

Having been closed since lockdown began in March, the museum reopened on Wednesday July 29th. During closure, the team has been developing a unique experience for visitors which will be fun, interesting and safe. From this date, visitors will be able to book the whole site for two hours to explore with their family or social bubble.

To make visiting as safe as possible, visitors will wear (knitted) cotton gloves as they explore the workers' cottages and collections.

Staff will be wearing gloves and high tech knitted masks, courtesy of Nottingham textile innovators Footfalls and Heartbeats.

Between each group's visit, the site will be cleaned thoroughly and hand sanitiser will be available.

Every visitor will have the opportunity to knit their own souvenir on an antique circular knitting machine. We're encouraging everyone to take their knitting home and share what they make with it on social media. Our favourite creation will then become part of the museum's permanent collection and take its place in history.

Your family will be able to discover how knitters' families lived and younger visitors can try our Mouse Hunt to uncover clues about the children that lived here 150 years ago.



In our historic workshops, you can still see the amazing centuries-old knitting frames in action. Our Frame Demonstrator will show you just how our ancestors made garments for everyone from WW1 veterans to the King himself.

To make a booking, please visit www.frameworkknittersmuseum.org.uk and pick a two hour slot on Wednesdays to Saturdays.

Silly Squad

Now the school summer holidays are here, the annual “Summer Reading Challenge,” supported by our local libraries, is taking place again. The theme this year is a celebration of funny books, happiness and laughter.

The Silly Squad are a loveable bunch of animals who run a fantastic fun house. But beware: a mysterious baddy is waiting to spoil the fun!

Due to COVID-19, this year’s challenge has adopted an all new, all-digital format. Children aged from 4 to 11 can register online, with parental approval. They then set their own personal reading goal. They can read story books, fact books or even joke books – all types of reading count.

For further details, please visit www.inspireculture.org.uk and look for Silly Squad.

Nottinghamshire Libraries also have a Facebook page (search for “Inspire Nottinghamshire Libraries”), which you can follow to keep up to date with all the services they offer.

Barbara Breakwell

New services from Arthritis Action

Online Arthritis Action Groups

<https://www.arthritisaction.org.uk/media-centre/events/>

We’re pleased to announce we’re running Arthritis Action Group meetings online via Zoom, including a group for Nottingham. The meetings are a way to connect with other people with arthritis, share experiences and tips, and support each other. Participants will need to contact us directly for the log in instructions for the meeting, and we have produced “How To” guides for those not familiar with using Zoom.

Arthritis-appropriate exercise videos

<https://www.arthritisaction.org.uk/living-with-arthritis/resource-centre/exercises/>

Many people living with a long-term health condition find it difficult to attend exercise classes. To help them, Arthritis Action recently launched a series of online chair-based exercises, developed with the aim of helping those with hip, knee or spinal osteoarthritis become more mobile and active.

Self-management resources

<https://www.arthritisaction.org.uk/online-services/>

We also have video resources exploring different elements of self-management, including pain management, distraction techniques and pacing.

Arthritis Action

Village Market on The Green hailed a huge success



On Saturday 4th July, Ruddington Village Market returned after a four month physical absence, and it was a huge success. Organisers, traders and visitors did an outstanding job of relaunching as a socially distanced market in its new location on The Green.

At 9am, everyone was ready to go, and queues started forming at some of the most missed and hotly-anticipated stands. Market regulars Split Screen Coffee, Beeston Brownies and Duke & Grey had orderly queues forming from early on, with small orange cones marking the 2m queuing distance leading to each stand.

Black Cat Café was popular and was one of the first to sell out of their sausage rolls and famous scotch eggs. We're assured they'll bring more next month!

There was never a lull in the queue; as other stall holders started packing up at the later finishing time of 1pm,

people were still patiently waiting to get their hands on bottles of the first batch of gin to come from the Ruddy Fine Distillery.

Owners Cheryl Stretton and Rory Thorpe were blown away by how the village gin drinkers welcomed them to the market, greeting each visitor with a smile and a warm "Thank you for waiting. Would you like to try some gin?" Even at 9am it was difficult to say no!

Becoming the focal point of "unlocking lockdown", village residents were bumping into friends they hadn't seen for months and milling around the outskirts of the market for a chat. Reports from Alex Preston of The Bottle Top and Sally Pickard from Phoenix Flowers suggest that the market also helped attract visitors to other businesses in the village.



The frequent stopping of Nottingham City Transport's Navy 3 and Green 10 services at the Ruddington Green bus stop only added to the feeling that normality is returning to the village. Despite easing back into promoting the market, word had spread as far as

Loughborough as one first time visitor said: "It's the furthest I have travelled in months!"

Although the market was busy, it was never overcrowded. Following the success of the relaunch, plans are now underway for the next one on Saturday 1st August.

Leia Morales - Travel Counsellor
Via RUDDINGTON.info

Victory in Japan

On 8th May this year, our village commemorated the 75th anniversary of VE Day (Victory in Europe), which marked the end of the Second World War in Europe.

In the exceptional circumstances of a national lockdown due to the COVID-19 pandemic, residents and businesses rallied together to have "Stay at Home Street Parties" galore. The village was also adorned with patriotic red, white and blue decorations.

On 8th May 1945 when Winston Churchill spoke to the nation, he reminded the population that although they were elated at the Victory in Europe: "...let us not forget for a moment the toll and efforts that lie ahead. Japan with all her treachery and greed, remains unsubdued."

For the following three months, many thousands of armed forces personnel

were involved in bitter fighting in the Far East. Ultimately in August 1945, Japan surrendered after the devastation caused by two atomic bombs dropped by the United States on Hiroshima and Nagasaki. Finally, the War was over.

Saturday 15th August 2020 was therefore set to be a day to commemorate the 75th anniversary of Victory in Japan (VJ Day). However, as COVID-19 restrictions continue, all official events have been cancelled.

However, why not get your patriotic decorations out again and maybe even have another Stay at Home Street Party in your neighbourhood on this date?

Lest we forget that VJ Day signalled the actual end of the Second World War.

Barbara Breakwell

Crime figures for Ruddington

For June 2020, these were as follows:

- 1 x theft of car
- 3 x criminal damage
- 2 x theft from motor vehicle
- 2 x burglary
- 1 x car window smashed, nothing taken

For crime prevention advice, please visit www.nottinghamshire.police.uk/advice.

Lockdown bike fixes

Julian Bentley is a self-employed Maths Tutor who, like so many others, watched his normal workload drop away during lockdown.

He continued to offer some Maths tutoring by video but as lockdown began, he noticed a lot of new bicycle riders in and around the village – many of whom were having difficulties such as too-low saddles, tyres low on air and so on.

“I knew from spending three years as a Cycle Instructor that a lot of new riders would have a knowledge gap around cycling matters, such as not knowing how to fix a puncture or correct defective brakes,” says Julian.



“So, having a bit of knowledge and experience from volunteering for other bicycle projects in Nottingham, I

decided to offer free lockdown bicycle checks and fixes (socially distanced, of course).

“After posting on Facebook, I found the demand for my services was very strong!”

Since the first session on 6th June, Julian has met 31 local bicycle riders, worked on 34 bikes and done approximately 80 fixes.

“Most people have seemed pleased with the service, but were surprised when I didn’t charge them. All I asked in return was for them to sign my petition, ‘Bring Back Rural Rides.’” (Rural Rides was a popular guided bicycle rides program that got the chop after funding cuts in 2011).

“I’ve been surprised by the unsafe state of some of the bicycles people brought in – especially children’s bikes; even when relatively new, the cheaper ones are supplied with very low quality components that quickly fail.

“A common issue for most people is not having the saddle high enough (this causes knee strain and makes riding harder) – so that made for some satisfying and easy fixes. Overall, I’ve had a great response from people in the village and it was very rewarding to help them out with their neglected bicycles!”

You can read more about “Bring Back Rural Rides” and sign Julian’s petition at: www.change.org/p/nottingham-shire-county-council-bring-back-rural-rides-in-nottinghamshire.

Julian Bentley

Photo: Peter McConnochie
@urbanscot

NG11 Foodbank update

During the Covid-19 crisis, we've delivered food parcels to 312 households, feeding 838 people. This is an 83% increase on the same period in 2019. Thank you so much for your support. As we're seeing a growing need in villages like Ruddington, now is the time to explain how you, or those you know, can access our help.

The NG11 Foodbank is here for any individual or family struggling to put food on the table. The current crisis has exposed the fragility of our incomes and savings, and we expect many more households to need the Foodbank in the coming months.

We work on a voucher system. This makes sure the donations are targeted and we use our resources wisely. So, how do you get a voucher? We now have four contacts in the village: Ruddington Medical Centre, Andrew Buchanan (St Peter's Vicarage), Sam Hackett (Ruddington Baptist Church) and Simon Rose (Ruddington Methodist Church).

Alternatively, you can call Wendy White, the NG11 Foodbank Manager, direct on 07538 916 757.

All enquiries are handled sensitively and confidentially. We make a note of the numbers of adults and children in the household, whether they also

need cleaning products, toiletries, baby products, and even pet food. Vouchers and parcels are then sorted and home deliveries made on Tuesday and Saturday mornings.

Donations can be left in the designated areas in the Co-op stores in Ruddington and Clifton, ASDA West Bridgford, Sainsbury's in Ruddington, Cotgrave and Keyworth, and Morrisons in Clifton.

Gwen Eyre, Co-op Member Pioneer for Clifton and Ruddington says: "I'm so pleased the Ruddington Food Store is supporting the NG11 Foodbank in these challenging times. As one of our local community causes, the Foodbank received a pay-out from the Co-op of £1,280 in April and will receive a second instalment in November.

"Co-op Members can support NG11 Foodbank every time they shop by swiping their blue membership card and nominating it as their local cause. Please visit www.coop.co.uk/local-causes to become a Member, or to nominate your preferred cause"

Financial support for the Foodbank is always welcome. Please make cheques payable to Hope Church Nottingham (Foodbank) or donate online at <https://hopechurchnottingham.churchsuite.co.uk/donate/>.

Louise Third (Foodbank Committee)

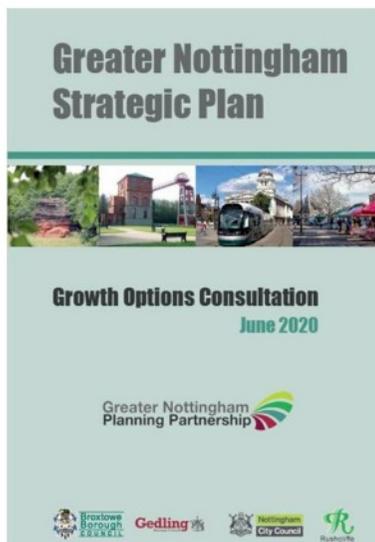
Greater Nottingham Strategic Plan Growth Options Consultation

Comment by Monday 14 September 2020

The Greater Nottingham Strategic Plan will guide development of the area **up to 2038**.

The plan will include **planning policies and proposals** for housing and employment, climate change, the natural environment, heritage, design, transport, infrastructure and more.

The **consultation document** asks several questions that you can respond to. Responses will inform the drafting of the Strategic Plan for further consultation in 2021.



**View the consultation documents
and further information:**

Website: www.gnplan.org.uk

Email: localdevelopment@rushcliffe.gov.uk

Telephone Rushcliffe Planning Policy team: **0115 981 9911**

Twitter: [@gnplan.org.uk](https://twitter.com/gnplan.org.uk)

Rushcliffe Rotary Club

The lockdown has given many people the chance to have a good clear out. Sheds and garages often contain old, broken or disused tools which are no longer wanted. Rushcliffe Rotary Club will collect your tools from West Bridgford, Ruddington, Keyworth and surrounding villages, and deliver them to the charity Tools for Self-Reliance (www.tfsr.org).

Their volunteers clean, mend and refurbish tools and pack them into complete start up tool kits which are sent to Africa and, working with local organisations, are distributed to support embryonic small businesses.

Training is provided to support the development of sustainable livelihoods and income diversification for people affected by poverty.

Start-up business types supported by TFSR include: metalwork, carpentry, bicycle repairs, boat building, clothing and shoe repairs, and many others.

Rushcliffe Rotary Club will be pleased to arrange collection strictly in accordance with current COVID-19 rules. This can be arranged by ringing 07837 395 598 or emailing jrc@jamescrane.net.



We'll be happy to delay collection until lockdown restrictions end if you prefer; just let us know.

Hand or foot-operated sewing machines are especially welcome, but please note that gardening and electrical tools are not suitable for this scheme.

For more information visit our Facebook pages or www.rushclifferotary.org.uk.

Rushcliffe Rotary Club

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