

THE RUDD

Market wins at British Market Awards

Last month was cause for celebration for Ruddington Village Market, with news that the popular monthly event was recognised at the Great British Market Awards 2022.

The national awards, run by the National Association of British Market Authorities (NABMA), celebrate markets from across the country.

It reserves the Highly Commended certificate for "Markets that NABMA consider play outstanding roles in their local communities and have demonstrated innovation, commitment and gone that extra mile to deliver a quality markets service".

Ruddington Village Market joins only six other markets from around the UK to receive this recognition, alongside the winners of Britain's Favourite Market this year, Bury Market.

Receiving the news, Mike Ader, Chair of the Ruddington Village Centre Partnership, the team behind the market, said "This is such an honour for all of us, from the tireless market management and social media



teams, right through to the volunteers who keep the whole thing running – this award is for them".

As the news coincided with the market's third birthday, Mike added: "The whole community has shown us so much love and support this past three years, and encouraged us to keep building on what we started in 2019.

"This year we're very excited to see the market grow. Our Young Entrepreneurs Programme will be making a comeback for 2022, where we coach and mentor young people into starting a market business. Plans are underway for our next Makers Night, we've already started planning for Christmas and we have several other exciting projects to reveal later in the year".

Ruddington Village Market returns on Saturday 5th March on The Green from 9am. For more market news, follow @ruddingtonvillagemarket on Instagram and Facebook.

Mark Pinks, RVCP

Knickers for Knowledge is back!

Friday 4th March marks the return of The Mustard Seed Project's infamous fashion show – otherwise known as Knickers for Knowledge!

As many villagers will know, the Ruddington-based project supports women and girls in rural Uganda through economic projects and educational initiatives. Not surprisingly, COVID-19 has impacted the lives of

women in this marginalised area of Uganda very significantly.

Schools and clinics have been closed for two years – leading to increased poverty, disease and gender-based violence. Due to the severe lockdown, teenage pregnancy cases have risen five times higher than COVID infections.

Meanwhile, fundraising has been difficult for the charity over the last couple of years due to the pandemic, so the fashion show is aiming to make a huge impact. Every penny it raises goes directly to the Project and its trustees are all volunteers, who pay their own way when they visit Uganda.



Sally Squires from the Project says: "The show marks International Women's Day and not only are we raising funds to support our vital projects but we're also asking for donations on the night of bras in good condition and new packets of knickers! Many girls can't attend school due to a lack of suitable underwear. Donated items will be sent to our projects."

She says they can't wait to celebrate the wonderful work Ruddington has

helped them to achieve, to better lives in Uganda since 2016: “Together we’ve funded a school, clinic and community centre on a forgotten swamp island of 6,000 inhabitants called Tisai. Teachers and nurses have been sponsored and we’ve provided posho (porridge), clean water, and latrines for Tisai’s children.

“We’ve also supplied chickens, goats, sheep and cows to women’s agricultural projects and established a football team to help girls stay in education. In 2019, we sent a container to Uganda filled with resources donated from our community including sewing machines, school and hospital equipment. We’re looking forward to celebrating these achievements in person with our fabulous community!”

Sally adds: “This year, we’ll be serving fizz and beverages so you can share time with your friends and family whilst viewing high street clothes from a fantastic new company. We’ll also be holding a raffle, with the opportunity to win two holidays. And there’s the opportunity to win a fountain of fizz or visit the popular Bra Bar!”

The Mustard Seed Fashion Show is taking place on **Friday 4th March at 7pm** in St Peter’s School on Ashworth Avenue. Tickets cost £5 and are available from both our village schools or Jaspers Cafe and Perkins Hardware. Raffle tickets are also available to purchase from the two schools.

Graham Wright via RUDDINGTON.info

White paper outlines possible deal for devolution

The government released their Levelling Up White Paper on 2nd February, outlining plans for devolution. Nottinghamshire and Nottingham have been named as one of the first nine areas in England invited to seek a devolution deal.

Leaders of all the local councils met in October 2021 and agreed on a joint vision for devolution in our area.

They are again set to meet and discuss the options for the city and county and agree on the best way forward, before presenting their plans to the government.

Rushcliffe Borough Council Leader Cllr Simon Robinson highlighted the proactive approach of the Councils.

He said: “Devolved powers for Rushcliffe, Nottinghamshire and Nottingham could offer great opportunities for local decision making that can only benefit residents and allow us to have more say on how local services are shaped.

“We will now digest the White Paper in full and look to the future with a possible collaboration that is positive and forward thinking.”

For updates on devolution, you can keep an eye on the News pages at www.nottinghamshire.gov.uk or www.rushcliffe.gov.uk.

u3a is back



In March 2018, a meeting was held in the village to gauge possible interest in forming a local u3a. As a result of the interest expressed at that meeting, the inaugural meeting of the Ruddington & District u3a was held in May 2018.

The group's aim is: "To enable members to enrich their lives with new skills and experiences. pursue their interests, form new friendships and enjoy a sense of belonging to a vibrant community."

The group has grown steadily. Unfortunately, the pandemic meant that no face to face meetings could take place for a considerable time, but at last normal service was resumed last month.

On 21st February, we held a well-attended General Meeting where members heard an amusing talk about life on an urban farm years ago. Then members were able to get updates about the Interest groups and have a cuppa and a chat. They were also able to obtain free security items, courtesy of the Rushcliffe Borough Council Community Safety Team.

The u3a meets on the third Monday of each month at 2pm at the Methodist Church.

If you're retired, semi-retired or not in full time employment, you're welcome to attend a monthly meeting with no obligation to become a member.

You can find more details by:

- Visiting our website at www.u3asites.org.uk/ruddington
- Liking our Facebook page at "U3A Ruddington and District"
- Emailing us at rudd_u3a@yahoo.com

We look forward to welcoming current and potential new members on Monday 21st March.

Barbara Breakwell

Publicity, Ruddington and District u3a

Safe route to village

This month marks three years since the footpath from the Pasture Lane Estate to Old Station Drive was opened, on 16th March 2019.

Prior to its construction, the only access to the village from the Pasture Lane housing estate necessitated walking over the Railway Bridge on Clifton Road.

Residents expressed their concern about the narrowness of the footpath and the hedge adjacent to it, which regularly encroached onto the footpath.

It took seven years of campaigning and negotiations to finally secure the construction of this safe route into the village. Recent comments on Facebook show that it is much appreciated.

“I no longer fear my kids going into the road accidentally, or a driver losing focus and driving onto the pavement.”

“It has encouraged and enabled many of us to walk where we may have taken the car.”

“Used it a lot during lockdown walks.”

“Absolutely love how much safer that path is than going over the bridge.”

“I walk my dog along there and it is well lit.”

Barbara Breakwell

Craft workshops at the Framework Knitters Museum

Shibori Dyeing, Saturday 19th March, 10am to 4pm, £95

Join Fran Reilly and Dr Mary Harlow for a Shibori workshop, which includes a brief history of this traditional Japanese art form and the practical art of creating resist patterns on fabric.

Stitch your own design into a fine wool scarf, an organic cotton tote bag and a small cotton scarf bag and prepare to dye them all in an Indigo vat. (Alternative methods for creating patterns will also be taught for those less confident with stitching).

Workshop includes:

- All materials: scarf, bags, fabric, needle & thread
- Tea, coffee & cakes available throughout the day
- Small intimate group size (maximum 10 participants).

Weaving with Waste, Friday 1st April, 10:30am to 3:30pm, £60

In this course, you will learn how to weave using recycled materials, such as plastic packaging, baler twine, electric cables, old clothes – things which are about to be thrown away, but can be turned into something lovely.

You can make a small bag, a table mat or an attractive wall hanging, or covered notebook.

The emphasis is on experimenting and having fun using unconventional materials.

Suitable for complete beginners and experienced weavers.



All equipment and materials are provided, but you are welcome to bring your own plastic packaging, old phone cables, jewellery or even old Christmas decorations! You have the option to buy the weaving frame, shuttle and pickup stick for £15 at the end of the session.

You can book tickets for both workshops online via at www.fwk.museum.arttickets.org.uk.

Ruddington Diary

Events in March 2022

Friday 4th March

Knickers for Knowledge Fashion Show
– see pages 2 & 3.

Parish Council Meeting

Tuesday 8th March 2022

Parish Council Meeting - at St Peter's Rooms commencing at 7.30pm. All meetings open to the public; you can share your views on any agenda item.

Saturday 19th March

Shibori Dyeing Workshop – see page 5.

Regular events

Every Monday

Nappuccinos - 10am to 11:45am at The Hub, 62 Musters Road. A group for parents and carers with babies aged under 1. Coffee, cake and chat.

50+ Fun Fitness/Zumba Gold with Erika – 10am and 11am, Village Hall . First class free. Call 07967 190 442 or email Erika.zumba@hotmail.co.uk. Or, visit www.50plusfunfitness.co.uk for information.

Renew Green Spaces - 12 noon to 2pm, Hareham Allotments. An opportunity to meet, grow plants and grow relationships. Contact Sam Hackett at sam.hackett@ruddingtonbaptist.org.uk to find out more.

First & third Mondays of the month

Ruddington Craft Group - 10 am to 12 noon at St Peter's Rooms. Tuition, most materials and refreshments included for £3.50 fee. Bring your own essentials (scissors, glue etc). Newcomers welcome, experience or expertise not essential.

Third Monday of the month

U3A General Meeting - 2pm at the Methodist Church. Speaker, information about interest groups and a cuppa . Any potential new members not in full time employment or who are semi-retired / retired, are welcome to attend as a visitor.

Every Tuesday

Swing into Shape - 60+ class, 11am - 11.45am at the Village Hall, Wilford Road.

Ruddington Community Choir – 8pm to 9:30pm at the Methodist Church.

Every Wednesday

Coffee Club - 10 am to 12 noon at St Peter's Rooms. Hot drinks, biscuits and chat for over 55s in a friendly, relaxed atmosphere.

Renew Café – 2:30pm to 4pm at The Hub, 62 Musters Road. Arts, crafts and games.

First Wednesday of the month

Methodist Fellowship – 2:30pm at the Methodist Church. Talks or activities.

Second Wednesday of the month

Women's Institute – St Peter's Rooms 7.15pm. **March 9th**: Fundamentals of Puppetry.

Last Wednesday of the month

Ruddington Gardener's Association – 7pm at The Hermitage. **March 30th**: The Glory of Gardens with Peter Gardner.

First Thursday of the month

Hearing Aid Clinic - 11:30am to 12:30pm at St Peter's Rooms. Contact Laura Ainsworth via www.hearttogether.org.uk.

Notts Wildlife Trust – Winter Wildlife Talks via Zoom, £3. Full details: www.southnotts.wildlife.org.uk/content/?page_id=234.

March 3rd: Kirtlington's Hedgehog Superhighway. 6:45pm to 8:45pm.

Third Thursday of the month

Ruddington Rhythm - All styles of live music and song (open mic). 8 - 11pm at the Cottage Hotel, Easthorpe Street. Free entry. **NO EVENT IN MARCH 2022.**

Every Saturday

Methodist Coffee Morning - 10:30am to 12 noon at the Methodist Church.

First Saturday of the month (Feb - Nov)

Ruddington Village Market - 9am to 12 noon on The Green. Over 50 stall holders offering quality crafts, produce and provisions to take away.

Second Saturday of the month

Rushcliffe Wildlife Watch - 11am - 1pm, meet outside Education Room, Rushcliffe Country Park, Mere Way, Ruddington (except April), Session costs £2-£3, Contact Geoff at rushcliffewatch@nottsswt.co.uk.

March 12th: Bushcraft.

Every Sunday

Spiritual Light Centre - 6.30pm - 8pm at Framework Knitters Museum Chapel. Divine service with a visiting medium. Healing during service. Refreshments afterwards.

Time to get walking

At this time of year, we start to think about the mud drying up and getting out to walk in the beautiful English countryside again - but where can we find new and interesting walks?

The Walking in Nottinghamshire

website, www.walkinginengland.co.uk/notts, has hundreds of walks to download and print for free. It also has books of walks, details of all the walking groups in the county and much more.

Whether you want to walk on your own or with a group, all the information is there in one place.



John Harris, the website's custodian, said: "There is so much walking information on the web but it is difficult to find. Walking in Nottinghamshire (part of the Walking in England website) has brought it together in one place. So, whether you're walking from home or away on holiday, you'll be able to find a walk suitable for you."

With walks from half a mile to 12 miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So, home or away, check out the websites and get walking!

John Harris

www.walkinginengland.co.uk

john@walkinginengland.co.uk

COVID-19 update

“Living with COVID” plan

From Thursday 24th February, the legal requirement to self-isolate if you test positive for COVID-19 has ended. However, you’ll still be advised to stay at home and avoid contact with others for at least five full days.

Routine contact tracing has also ended, so fully-vaccinated close contacts and those under 18 will no longer be legally required to test daily for seven days.

The £500 self-isolation support payment for people on low incomes who test positive for COVID will no longer be available, but provisions for increased statutory sick pay will apply for a further month.

Vaccinations

A booster dose of the COVID-19 vaccine is available for everyone aged 16 and over, and some children aged 12 to 15, who have had 2 doses of the vaccine at least 3 months ago. Everyone eligible is still being urged to walk in and “Grab a Jab”.

Some children aged 5 to 11 years old can now get a first and second dose of the vaccine, and some vulnerable adults are eligible for a fourth dose. If this applies to you or your child, you’ll receive an invitation from the NHS to book an appointment.

Please remember that you must wait 28 days after testing positive for COVID-

19 before getting your next dose. Children are advised to wait 12 weeks.

You can use a walk-in centre or to book in advance, visit the National Vaccination Booking website, the NHS website or call 119.

Testing

For now, please keep testing regularly with lateral flow tests at home. You can pick these up from local pharmacies or order them for delivery to your home.



Community Testing sites are still available at Bingham Buttercross on Tuesdays from 9am to 3.30pm and Cotgrave Leisure Centre on Saturdays from 9am to 3.30pm.

If your lateral flow test is positive, it’s now no longer necessary to take a follow-up PCR test in most circumstances.

As part of the “Living with COVID” plan, free mass symptomatic and asymptomatic testing for the general public will end on 1st April and will instead be targeted towards the most vulnerable. People with COVID symptoms will be asked to exercise personal responsibility when deciding whether to stay at home.

The current government guidance on COVID passports will also end and venues will no longer be advised to use the NHS Covid pass.

Find out more

To find out more about vaccinations and testing, please visit www.nhs.uk/coronavirus.

For the latest Government information on COVID-19, visit www.gov.uk/coronavirus.

Puppet Show

There'll be a puppet show at St Peter's Church on Sunday 3rd April at 10.30am, in the All Together Service. Our youth and teens are putting on a special puppet show as we approach Easter. This is a show for all the family!

All are welcome. Please come and join us and enjoy the show.

Debbie King

Crime figures for Ruddington

For January 2022, these were as follow:

- 1 x criminal damage
- 1 x theft of fuel
- 2 x burglary
- 1 x forced entry & theft
- 1 x theft of bike
- 1 x attempted forced entry

For crime prevention advice, please visit www.nottinghamshire.police.uk/advice.

New Armed Forces Hub launched

Nottinghamshire County Council has unveiled a new accessible page on its website, which supports the Armed Forces Community.

The Armed Forces Hub, in accordance with the Armed Forces Community Covenant, provides service personnel, Veterans and their families with information about help available from both internal and external sources.

There are links on the page to an emergency helpline, NHS support services, employment support and information about local charities.

These include the Newark Patriotic Fund and Nottinghamshire branches of Care After Combat and Age UK.

Members of the public will also be able to access content about the county's Armed Forces heritage, including links to local regiment museums, a list of Victoria Cross recipients, the First World War Roll of Honour, and upcoming events marking the centenary of the Second World War.

This sharing of information and knowledge, accessible to as many individuals and groups as possible, enhances the relationship between civilians and the Armed Forces.

You'll find the Armed Forces Hub web page at <https://www.nottinghamshire.gov.uk/council-and-democracy/council-structure/armed-forces-hub>.

Award for Alex

Alex Preston, founder of The Bottle Top in Ruddington, has been named as one of the UK's most inspirational and dynamic female entrepreneurs by the f:Entrepreneur #ialso100 campaign.



Alex was also nominated for her other entrepreneurial activities, including her work with Solstice Brewing and The Ruddington Village Centre Partnership, providing mentor support for small businesses and young entrepreneurs, and her work on Plastic Free Ruddington to organise community litter picks and help businesses reduce their carbon footprint.

She will be profiled in May alongside 100 female entrepreneurs from across the country, as part of the #ialso100 campaign to celebrate the multi-achievements of women running businesses in the UK today.

Delivered by Small Business Britain – the leading champion of small businesses in the UK - f:Entrepreneur was launched in 2017 to highlight the stories of amazing female business

owners and help provide inspiration and role models across the wider small business community.

Now in its fifth year, the #ialso100 lineup particularly sets out to showcase trailblazing female founders who lead businesses alongside a roster of other responsibilities, such as volunteering, mentoring and community support. Many of the businesses featured in this year's campaign also demonstrate a big commitment to the environment.

On being featured in the #ialso100 lineup, Alex said: "It's a huge honour to be included in this year's #ialso alongside so many inspiring and talented women. The news came at exactly the right time while isolating with COVID-19 over the busy Christmas period and gave me a huge boost.

"I'm very passionate about what I do at The Bottle Top and take great pride in being able to support others in transitioning into entrepreneurship and doing so with the least amount of environmental impact possible. I'm very much excited by what the future may bring and hope that being named in this year's list will mean I can reach further afield with my work and share the lessons I've learned with others.

"Being a female in business, particularly in the beer industry, can be challenging and it's great to be recognised for that – and I'm in fantastic company, too!"

Congratulations, Alex!

New Employment Hub launched

A virtual one-stop-shop has been launched to help Nottinghamshire residents find work opportunities and employers to develop their talent pool.

Nottinghamshire Opportunities aims to be the go-to-place to explore local career opportunities and provides a platform for people to search for jobs, training courses and apprenticeship opportunities.

Funded by Nottinghamshire County Council in partnership with careers guidance service Futures, the portal will ultimately improve access to training and employment – matching an individual's skills and training with job opportunities.

Councillor Keith Girling, Chairman of the County Council's Economic Development and Asset Management Committee, said the online portal would provide much-needed support for job seekers and employers.

He said: "Our goal is to remove employability barriers and provide access to better and more rewarding jobs that allow individuals to progress in their careers and fulfil their potential.

"We have lived through some of the most challenging and difficult times in living memory because of the pandemic, which means the launch of a platform such as Nottinghamshire Opportunities is more important than ever as residents look to find

employment or upskill.

"It will also be a very useful tool for employers in our county who are looking to recruit local talent to join their teams as they continue to recover from the impact of the various lockdowns in the past two years.

"I'm really looking forward to seeing how Nottinghamshire Opportunities supports and links people to advice to help them build the right career path. Whether they're a student wanting an apprenticeship in a particular industry or have recently been made redundant and want to explore different job options, we'll be here to support them every step of the way."



The virtual hub also provides an opportunity for job seekers to try out a bespoke Skills Toolkit, which offers free digital courses to help individuals to progress in work and boost their job prospects, as well as support packs for people facing redundancy.

To access Nottinghamshire Opportunities, please visit www.oppsinnotts.co.uk.

What's happening with the church clock?

If you tend to glance up at our Parish Church tower to check the time when you're making your way through Ruddington, you might have been rather misled lately.

Even though the hands of St Peter's clock may reassure you are not late for that midday appointment after all, they have actually been frozen at 6 minutes to 12 for quite some time! Indeed, there are two incorrect clock dials on the historic building. The most prominent of these is the south face of the tower – with a newer one added to the east side in 1954, in memory of long serving Vicar of Ruddington, Frank Potts.



The next significant chapter in the history of the St Peter's timepiece was in 1963, when planning permission was granted to illuminate the two dials at night with floodlights. Then, in 1973, the Revd A C Shrimpton oversaw "...the electrification of the clock by a separate, synchronous drive".

Almost half a century later, it's been discovered the specialist parts now required to fix this failed electric mechanism need to come from abroad – and that they are not cheap! Thankfully, as church funds are rather depleted after the pandemic, Ruddington Parish Council has stepped in to help fund the repairs.

The current vicar of St Peter's Church, the Revd Andrew Buchanan, says: "Finally, it's not going to be 6 minutes to 12 all day! (There must be a sermon in there somewhere!!) A big thank you to the Parish Council for helping to restore a much-loved village landmark."

The specialist clock repairers have promised that they will fix the clock 'within the month' so we should see the hands of the clock moving before long.

Graham Wright via RUDDINGTON.info

Edited and produced by Ruddington Parish Council

Tel: 0115 914 6660 Email: office@RuddingtonParishCouncil.gov.uk

Website: www.RuddingtonParishCouncil.gov.uk

Tweet to: @RuddingtonPC Facebook.com/Ruddington Parish Council

Views expressed in the newsletter are those of the contributors and may not be those of the Parish Council.

For copyright information, please contact Ruddington Parish Council or visit the website above