

# THE RUDD

## Community Bus service to restart

The Community Bus is a free transport service that's funded by the Parish Council. It will operate in the village on Wednesdays, collecting passengers between 10:30am and 11.30am, with the return journey taking place between 12 noon and 1pm.

During the pandemic, the bus service was suspended and has struggled to re-start due to a lack of drivers.



The Parish Council has recently reached an agreement with a community transport organisation called My Journey, based in Lenton. They're a Community Interest Company (CIC) and provide both the bus and the driver.



The aim of the bus is to help less mobile residents get out and about at least once a week so they can visit the shops, the doctor's, run other errands in the village centre, or attend the over 55s Coffee Morning held at St Peter's Rooms on a Wednesday.

If you'd like to book a seat on the Community Bus, please email the Parish Council Office at [office@ruddingtonparishcouncil.gov.uk](mailto:office@ruddingtonparishcouncil.gov.uk) or call 0115 914 6660.

The service is due to restart on Wednesday 27th April 2022.

## **David Hall**

The Parish Council is deeply saddened by the death of the Chair of the Amenities Committee and Councillor for Manor Ward, David Hall.



David first joined the Parish Council in 2003. Over the past 19 years, he gave a lot of his time and made a great contribution to the development of the village he loved.

He supported many improvements and additions within the village, such as the Roll of Honour and bench at the War Memorial site, and the development and maintenance of sports facilities at Elms Park and Jubilee Playing Fields, to name but a few.

Prior to the pandemic, he was a frequent sight in the centre of the village and would often be the first to hear of new shops and developments in Ruddington.

His funeral took place on 21st March 2022 and was attended by many of his colleagues on the Parish Council, who will miss his presence at Parish Council meetings.

Our thoughts are with his family and friends at this difficult time.

Ruddington Parish Council

## **The Ruddington Pantry**

A chance meeting between two local residents who shared a vision to alleviate food poverty and food waste has resulted in a Community Fridge being opened in Ruddington.

This has been made possible with the support of The Hubhub network, grants that have been received from both the Co-op and Nottingham County Council, the Parish Council who have given their backing, and the local Co-op who have agreed to be our food share partner.

Community Fridges are similar to food banks, but are run on a very different

model. They are social spaces that bring people together to eat, connect, learn new skills and reduce food waste.

A Community Fridge can be accessed by anyone who lives within that community and wants to share food or take part in related activities that the group has to offer.

Here in Ruddington, the Community Fridge will be known as The Ruddington Pantry. It will be open twice weekly on Wednesdays between 12 noon and 1:30pm and on Sundays between 4pm and 5.30pm in St Peter's Rooms. It will open its doors on Wednesday 6th April 2022.

There is a warm welcome waiting for everyone.

If you'd like to become a volunteer at either session, please call Carol or Gwen on 07730 357 122 or 07815 996 128.

Carol Jagers & Gwen Eyre

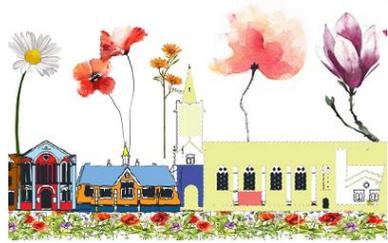
## Ruddington Open Gardens

Plans are now well under way for the third Ruddington Open Gardens event, which will take place during the weekend of 2nd and 3rd July 2022, from 2pm to 6pm on both days.

As previously, all proceeds from the event will go to two charities: Save the Children and Action for Children.

As well as open gardens and allotments, there will be live music and refreshments at the Methodist Church,

vintage bus rides around the village, stalls and games in various gardens, and an art exhibition at the Framework Knitters Museum.



If you'd like to get involved and open your garden to visitors, we'd love to hear from you. Gardens don't have to be big or spectacular – just attractive places that visitors will enjoy wandering around. Even a display of hanging baskets would make a welcome addition to the programme!

We will be producing programmes, including a village map, and these will be available from various places in the village, including Thomas James Estate Agents, from Wednesday 1st June.

If you'd like any further information or you are considering opening your garden, please contact either myself ([je.piggott@btinternet.com](mailto:je.piggott@btinternet.com)), Mike Davey at Ruddington Gardeners' Association

([mrdavey004@btinternet.com](mailto:mrdavey004@btinternet.com)) or Chris Marriott at Ruddington Art & Craft Society ([thdesign4@googlemail.com](mailto:thdesign4@googlemail.com))

Please do support this charity event if you can – we'd love to see you!

Jane Piggott

## Swing into Shape fundraising

On Tuesday 8th of March, the Ruddington Swing into Shape group raised £250 for the Ukrainian appeal.

We were pleased to be able to donate £100 to Dave and John's fuel costs\* as they transported another vanload of kind donations from the lovely people of Ruddington to Ukraine. Our love went with you.



The remaining money from our fundraiser will go to the Red Cross.

We are so proud of our class for their response to this crisis, with friends and relations of class members sending money in envelopes. It was overwhelming and you never let me down. My love and thanks to you all.

Teresa Thompson

### \* Editor's Notes

You can read a full account of manager and owner of The Frame Breakers, John

Noble and Dave Frankie's, epic journey at <http://ruddington.info/aid-reaches-ukraine-mar2022/>. You can also donate towards their next trip at <https://www.justgiving.com/crowdfunding/theframebreakers>.

Well done to all Ruddington residents and business owners who, as always, are stepping up to help those less fortunate than themselves.

## Crime figures for Ruddington

For February 2022, these were as follows:

- 1 x criminal damage
- 1 x theft from heritage centre
- 2 x theft of motorbike
- 4 x theft from shop
- 1 x theft of number plates
- 1 x theft of tools

Note that these figures DON'T include incidents which are of a sensitive nature or those where suspects/offenders have been located.

There's been a marked increase in the number of thefts this month from both business and residential premises. Our local beat officers would like to remind residents and business owners to take all possible steps to secure their buildings and vehicles. You can find comprehensive crime prevention advice at [www.nottinghamshire.police.uk/advice](http://www.nottinghamshire.police.uk/advice).

## Funding boost for museum

Staff and volunteers at Ruddington's historic Framework Knitters' Museum say they're "super happy" to have received new funding worth £62,925. The cash will be used for urgent structural, chimney, window and roofing repairs, as well as improving the heating and security at the Chapel Street tourist attraction.

The award is part of a £48m national package of additional government support for museums and libraries in the UK from the Department for Digital, Culture, Media and Sport and Arts Council England.

The museum has already benefitted from extensive previous funding to help with its ambitious recent expansion project, enabling some impressive new visitor facilities which officially opened last November. This latest financial boost will help it to maintain the fabric of the buildings on its site and make further improvements.

"We applied last year for the funding and built the project with input from conservation officers, contractors, architects and quantity surveyors to work out the best solution to some of our maintenance issues" explains the museum's Manager and Curator Jim Grevatte.

"The funding is going towards areas of the site that the 'A Right Good Yarn' project supported by NLHF and FCC

could not support – namely repairs to the cottages and frameshops. It's all the stuff that we can't do ourselves, i.e. stuff at height and requiring specialist skills. The roofs of both frameshops leak in heavy rain. We have managed this by putting tarpaulins over the knitting frames, but this funding will see a permanent solution."



Jim says it will allow other improvements, too: "At the same time we are able to insulate both roof spaces and therefore reduce our heating bills and carbon footprint. Many of the windows that were replaced in the 1970s need repair and those that are behind the scenes are having secondary double glazing to reduce heat loss.

"We'll also be opening up the old skylight to the back to back attic bedroom. While the scaffolding is up, we'll also be repointing the brickwork and chimneys to keep the weather out for another 50 years. Visitors will see some scaffolding up over the coming months but the museum will remain open as usual."

Graham Wright via [RUDDINGTON.info](http://RUDDINGTON.info)

# Ruddington Diary

## Events in April 2022

### **Friday 1st April**

**Weaving with Waste workshop** – at the Framework Knitters Museum, 10:30am to 3:30pm. In this one-day course, you will learn how to weave using recycled materials, such as plastic packaging, baler twine, electric cables, old clothes – things which are about to be thrown away, but can be turned into something lovely. Tickets cost £60 and include equipment, materials and refreshments. Find out more and book online at [www.frameworkknittersmuseum.org.uk](http://www.frameworkknittersmuseum.org.uk)

### **Sunday 3rd April**

**Puppet Show** – St Peter's Church at 10.30am, in the All Together Service. Our youth and teens are putting on a special puppet show as we approach Easter. This is a show for all the family! All are welcome. Please come and join us!

## **Annual Parish Meeting & Parish Council Meeting to follow**

**Tuesday 5<sup>th</sup> April 2022**

Commencing at 7.30pm. All meetings open to the public; you can share your views on any agenda item.

### **Saturday 23rd April**

**Make Your Own Open Planter workshop** – 10am to 12:30pm at Debbie Bryan, 15 High Street. Be introduced to our popular glass painting and gilding techniques as you hand-paint your glass planter to compliment your home, studio or office space. Before learning to plant one of our home-grown spider plants. £44. Book online at [www.debbiebryan.co.uk](http://www.debbiebryan.co.uk).

## Regular events

### **Every Monday**

**Nappuccinos** - 10am to 11:45am at The Hub, 62 Musters Road. A group for parents and carers with babies aged under 1. Coffee, cake and chat.

**50+ Fun Fitness/Zumba Gold with Erika** – 10am and 11am, Village Hall . First class free. Call 07967 190 442 or email Erika [zumba@hotmail.co.uk](mailto:zumba@hotmail.co.uk). Or, visit [www.50plusfunfitness.co.uk](http://www.50plusfunfitness.co.uk) for information.

**Renew Green Spaces** - 12 noon to 2pm, Hareham Allotments. An opportunity to meet, grow plants and grow relationships. Contact Sam Hackett at [sam.hackett@ruddingtonbaptist.org.uk](mailto:sam.hackett@ruddingtonbaptist.org.uk) to find out more.

### **First & third Mondays of the month**

**Ruddington Craft Group** - 10 am to 12 noon at St Peter's Rooms. Tuition, most materials and refreshments included for £3.50 fee. Bring your own essentials (scissors, glue etc). Newcomers welcome, experience or expertise not essential. **April 4th & 25th due to Bank Holiday.**

### **Third Monday of the month**

**U3A General Meeting** - 2pm at the Methodist Church. Speaker, information about interest groups and a cuppa . Any potential new members not in full time employment or who are semi-retired / retired, are welcome to attend as a visitor.

### **Every Tuesday**

**Swing into Shape** - 60+ class, 11am - 11.45am at the Village Hall, Wilford Road.

**Ruddington Community Choir** – 8pm to 9:30pm at the Methodist Church.

### **Every Wednesday**

**Coffee Club** - - 10 am to 12 noon at St Peter's Rooms. For over 55s.

**Renew Café** – 2:30pm to 4pm at The Hub, 62 Musters Road. Arts, crafts and games.

### **First Wednesday of the month**

**Methodist Fellowship** – 2:30pm at the Methodist Church. Talks or activities.

### **Second Wednesday of the month**

**Women's Institute** – St Peter's Rooms 7.15pm. **12th April**: AGM.

### **Last Wednesday of the month**

**Ruddington Gardener's Association** – 7pm at The Hermitage. **27th April**: Victorian Violas with Rob & Sue Chapman.

### **Every Thursday**

**The Postnatal Plan** – 11am to 12.30pm at The Ruddington Arms. Mother & baby support group.

### **First Thursday of the month**

**Hearing Aid Clinic** - 11:30am to 12:30pm at St Peter's Rooms. Contact [www.heartogether.org.uk](http://www.heartogether.org.uk).

### **Third Thursday of the month**

**Ruddington Rhythm** - All styles of live music and song (open mic). 8 - 11pm at the Cottage Hotel, Easthorpe Street. Free.

### **Every Saturday**

**Methodist Coffee Morning** - 10:30am to 12 noon at the Methodist Church.

### **First Saturday of the month**

**Ruddington Village Market** - 9am to 12 noon on The Green. Over 50 stall holders offering quality crafts, produce and provisions to take away.

### **Second Saturday of the month**

**Rushcliffe Wildlife Watch** – 11am – 1pm, meet outside Education Room, Rushcliffe Country Park, Mere Way, Ruddington (except April), Session costs £2-£3, Contact Geoff at [rushcliffewatch@nottsswt.co.uk](mailto:rushcliffewatch@nottsswt.co.uk).

**9th April**: Springtime at Sharpill Woods.

### **Every Sunday**

**Spiritual Light Centre** – 6.30pm – 8pm at Framework Knitters Museum Chapel. Divine service with a visiting medium. Healing during service. Refreshments afterwards.

### **First Sunday of the Month**

**Coffee & Cake** – 10.30am – 12 noon, St Peter's Rooms. Call Sylvia & Derek Sanderson on 0115 984 3523 for more details.

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## **ClickSilver Connections**

**Do you need some help using technology and connecting with family, friends and support networks online?**

If you, or someone you know, needs a hand with technology or are feeling isolated from connecting with others online, the ClickSilver Connections team are here to help.



We have some wonderful mentors who are waiting to get to know you and help you over the phone with four weeks of FREE one to one support.

To find out more and register your interest, you can call us on 07725 638 007 or 07921 494 069, or email [clicksilver@bitc.org.uk](mailto:clicksilver@bitc.org.uk).

## COVID-19 update

### Face coverings

In line with the Government's "Living with COVID" plan, staff, patients and visitors are still required to wear a face covering in healthcare settings.

You're also advised to consider wearing a facemask in crowded enclosed spaces, continue with good hand washing practices and to let fresh air in when meeting indoors. Remember: Hands, Face, Space, Fresh Air!

### Vaccinations

Although the legal restrictions have ended, everyone who's eligible is still encouraged to finish their course of vaccinations to make sure they're fully protected. You can book a booster jab on the NHS website, call 119 or walk into certain sites.

The Spring Vaccination campaign is underway and eligible residents will be contacted when they can receive their next jab.

Children aged 5 to 11 who are in a clinical risk group, or who live with someone who is immunosuppressed, are currently being offered a vaccine. The local NHS is contacting parents and guardians by letter about this.

### Testing

From 1st April, free lateral flow and PCR tests will no longer be available to most groups, with the Government encouraging "personal responsibility"

instead.

Exceptions for free LFTs include the over 75s, over 12s with weakened immune systems, hospital staff and patients. Exceptions for free PCR tests are still to be confirmed at the time of writing. Everyone else will have to pay for tests.



For the latest information on COVID-19, please visit [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) and [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus).

### Church clock repaired

Thanks to the generosity of the Parish Council, the clock in St Peter's Church tower has at last been repaired. Terry from The Cumbria Clock Company arrived at 9am on Monday 7th March with new parts for the clock, and by lunch-time the correct time was showing.

The Revd. Andrew Buchanan said he was utterly thrilled that such a landmark feature in the village had been restored.

The timepiece was sadly missed by Ruddington residents for over two months whilst awaiting repair, but thanks to The Parish Council and The Cumbria Clock Company, time no longer stands still in Ruddington.

Dave Russell

## **A milestone for Ruddington business**

2022 sees a longstanding Ruddington business celebrate a milestone anniversary. Gibson Sharp Footcare have been serving the feet of Ruddington and beyond for 21 years this year. They began their business at 35 Easthorpe Street in 2001.

Then, following the sale and subsequent redevelopment of the premises, current owner (since 2003) Angela Hall MCFHP Dip FHT MAFHP moved to The Courtyard, 4 Easthorpe Street.

The new light, bright premises are on the ground floor, making access easy for those with reduced mobility.

The latest Covid-19 regulations are strictly adhered to, giving patients peace of mind. Free parking is available in the courtyard and the current location is very close to the village centre and public transport.

Angela qualified in 2001. To promote healthier feet, she offers a range of footcare treatments including for corns, callouses, ingrown toenails, fungal nails, verrucae and general foot problems.

People with certain conditions such as diabetes can benefit from regular professional footcare as a matter of course.

Since 2019, the NHS no longer offers an ear syringing service.

To enable her to provide this valuable service to Ruddington, Angela has undertaken training and now offers appointments. Treatments will include micro suction/irrigation depending on patient preferences and suitability.



Angela can offer appointments in the clinic or in the comfort of your own home. Appointments in-clinic are available on Mondays and Tuesdays.

Angela is also available to provide talks to groups or organisations covering footcare and also hedgehog rehabilitation.

To book an appointment or discuss your foot or ear health concerns, call Angela on 07986 373 592.

## **New Food Charter launched**

A new Food Charter has been launched to encourage councils, community groups and businesses to work together and help bring healthy, tasty and affordable food to everyone in Nottinghamshire – no matter where they live.

The pandemic has exacerbated existing

food insecurity and increased the risk of obesity and diet-related disease in the longer term. Findings from the Government's National Child Measurement Programme 2020/21 show that for England as a whole, obesity has increased from 9.9% to 14.4% in reception age children (from 2019/20) and from 21% to 25.5% in year 6 children.

The national figures show that children living in the most deprived areas were more than twice as likely to be obese than those living in the least deprived areas.



The new charter, which was signed off by the Nottinghamshire Health and Wellbeing Board in February, sets out a shared vision and priorities to improve the local food system over the next four years, focusing on social, environmental and economic outcomes.

Some of the ambitions included as part of the Food Charter are to:

- Improve access to healthy and sustainable food for vulnerable groups such as through FOOD clubs at community venues

- Increase the opportunities for community food growing schemes
- Increase the number of Healthier Option Takeaways in Nottinghamshire
- Reduce food waste in schools, hospitals and other public sector catering
- Grow more food in the county to encourage and enhance biodiversity.

Councillor John Doddy, Chairman of the Nottinghamshire Health and Wellbeing Board, said: "We need radical change to help people to live healthy and independent lives, particularly in some of the most deprived areas of Nottinghamshire.

"This Food Charter was developed following consultation with residents and stakeholders and I am pleased that local authorities and health partners have endorsed it today. We must all now work together, with businesses, the community sector and other organisations, to bring the charter to life and ensure that tasty, healthy and affordable food is available for all our communities."

Nottinghamshire County Council also passed a motion on 20th January 2022 to see nutrition developed as a key part of the Health and Wellbeing Strategy 2022 – 2026. The motion also set out to make Nottinghamshire a 'healthy food sustainable shire' and ensure that these principles are considered and reflected in the development of the Council Plan.

## Sing away the COVID blues!



Once again, the Radcliffe on Trent Male Voice Choir is offering a FREE singing course in April, to celebrate spring and a release from lockdown – it's a great opportunity to sing away the Covid blues!

We invite male singers of any age and ability to learn to sing and to join the choir subsequently if they wish. It's an eight-week course each Thursday evening in Radcliffe on Trent.

Participants will be introduced to singing techniques, have their singing range assessed and will learn new songs along with the existing choir.

The choir has a varied and interesting repertoire built up over time and new songs will be added in the workshop.

The workshops take place at the Methodist Church Hall, Shelford Road, Radcliffe on Trent, NG12 2AG.

They'll start on Thursday 7th April from 7pm to 9pm and then run each week until Thursday 26th May, when we'll have an informal mini-concert for

family and friends to show off our new skills.

Participants don't need to be existing singers, or even good singers. All are welcome and the ability to read music isn't essential!

Each participant will have a mentor to help and guide them with the music, explain the different elements and voice ranges in the choir and introduce them to our friendly social side.

To register your interest, please call our Media Officer, Bill Hill, on 07972 013 614 for information as we near the start of the course.

If you miss the first session, don't worry as you can always drop into one of the following sessions and catch up.

For the latest information on the Radcliffe Male Voice Choir, please visit our website at [www.radcliffeontrentmvc.org](http://www.radcliffeontrentmvc.org).

Or, find us on Facebook at [www.facebook.com/ROTMVC](https://www.facebook.com/ROTMVC).

Bill Hill, Media Officer



# The Great British Spring Clean

Local residents and businesses are invited to join this year's Great British Spring Clean to sparkle their streets, parks and open spaces.

The annual campaign, run by the charity Keep Britain Tidy, aims to help clear local communities of litter. Anyone can join the effort that runs nationally from 25th March to 10th April, and volunteer to litter pick in their community for as little or as long as they can give.



All the necessary equipment is available from Rushcliffe Borough Council's grounds maintenance partners, Streetwise Environmental Services Limited, by calling 0115 914 8408 or emailing [streetwise@streetwiseenvironmental.co.uk](mailto:streetwise@streetwiseenvironmental.co.uk).

The Council's Cabinet Portfolio Holder for Communities and Climate Change, Cllr Abby Brennan, said: "We know there are already so many dedicated individuals and groups across Rushcliffe that help keep our streets, parks and open spaces even tidier.

"As part of the Great British Spring Clean, we're encouraging even more residents to join the national effort, arrange a litter pick and help take even greater pride in their communities.

"Thank you in advance for helping make Rushcliffe continue to be a great place."

To find out more about the Great British Spring Clean visit [www.keepbritaintidy.org](http://www.keepbritaintidy.org).

**Edited and produced by Ruddington Parish Council**

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